

Starobělské ludy

3,2 km

Dorostenci

Bělský les 10.11.2019

| POŘ. | SC | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-------------------|------|------|-------------------------------------|----------|----------|-------|
| 1 | 1239 | Skalička Vojtěch | | 2003 | Opava (Tedíkova péchota) | 00:14:23 | | 13.35 |
| 2 | 882 | Mlýnek Jiří David | | 2002 | Ostrava (Penguins Ski Club Ostrava) | 00:15:55 | 00:01:32 | 12.06 |
| 3 | 299 | Hluchník Jakub | | 2003 | Kobeřice (SLIPKA GYM) | 00:16:27 | 00:02:04 | 11.67 |
| 4 | 419 | Walder Patrik | | 2002 | Vratimov | 00:16:27 | 00:02:04 | 11.67 |
| 5 | 717 | Gilg Tomáš | | 2003 | Bílovec (Nezmaři Bílovec) | 00:17:14 | 00:02:51 | 11.14 |
| 6 | 539 | Bialík Radoslav | | 2003 | Bílovec (Wagstadt snails) | 00:18:16 | 00:03:53 | 10.51 |
| 7 | 470 | Jamarik Michael | | 2003 | Bohumín | 00:18:44 | 00:04:21 | 10.25 |
| 8 | 692 | Salzman Vojtěch | | 2002 | OSTRAVA (Friends) | 00:19:28 | 00:05:05 | 9.86 |
| 9 | 1116 | Drahota Lukáš | | 2003 | Ostrava (Hyundai team) | 00:19:54 | 00:05:31 | 9.65 |
| 10 | 638 | Červ Vojta | | 2003 | Ostrava - Radvanice | 00:21:04 | 00:06:41 | 9.11 |
| | 298 | Novotný Erik | | 2003 | Kobeřice (SLIPKA GYM) | --- | | |
| | 1149 | Rychtecký David | | 2003 | Ostrava | --- | | |

Dorostenky

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| POŘ. | SC | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-----------------------|------|------|-----------------------------------|----------|----------|-------|
| 1 | 1269 | Muroňová Tereza | | 2003 | Ostrava | 00:18:50 | | 10.19 |
| 2 | 1247 | Bartková Anna | | 2002 | Ostrava | 00:19:09 | 00:00:19 | 10.03 |
| 3 | 604 | ZEMBINSKÁ DOMINIKA | | 2002 | Krnov | 00:19:52 | 00:01:02 | 9.66 |
| 4 | 253 | Čadová Růžena | | 2002 | Havířov | 00:19:53 | 00:01:03 | 9.66 |
| 5 | 827 | Kaděřová Barbora | | 2003 | Albrechtice (báječné ženy v běhu) | 00:20:06 | 00:01:16 | 9.55 |
| 6 | 437 | Juřicová Karolína | | 2002 | Ostrava | 00:20:29 | 00:01:39 | 9.37 |
| 7 | 819 | Marešová Natalie | | 2002 | Ostrava (Hladnovské gazely) | 00:21:09 | 00:02:19 | 9.08 |
| 8 | 1030 | Nezdařilová Bety | | 2002 | Slatina (Slaninky) | 00:21:17 | 00:02:27 | 9.02 |
| 9 | 155 | Galbavá Barbora | | 2003 | Olomouc (Olomouc) | 00:23:07 | 00:04:17 | 8.31 |
| 10 | 100 | Michalková Kateřina | | 2003 | - | 00:23:50 | 00:05:00 | 8.06 |
| 11 | 861 | Brlějová Daniela | | 2002 | Napajedla (NAPABABY) | 00:24:00 | 00:05:10 | 8.00 |
| 12 | 1027 | Čtvrtnáková Katka | | 2003 | Slatina (Slaninky) | 00:24:20 | 00:05:30 | 7.89 |
| 13 | 1084 | Randulová Vanesa | | 2003 | Ostrava | 00:24:43 | 00:05:53 | 7.77 |
| 14 | 538 | Pospíšilová Marie | | 2003 | Bílovec (Wagstadt snails) | 00:24:57 | 00:06:07 | 7.70 |
| 15 | 1242 | Jamrozová Tereza | | 2002 | Ostrava | 00:26:01 | 00:07:11 | 7.38 |
| 16 | 188 | Krausová Sabina | | 2002 | Petřvald (Petřvald) | 00:26:06 | 00:07:16 | 7.36 |
| 17 | 1026 | Nábělková Adéla | | 2003 | Slatina (Slaninky) | 00:26:13 | 00:07:23 | 7.32 |
| 18 | 1032 | Kneifelová Míša | | 2003 | Slatina (Slaninky) | 00:27:58 | 00:09:08 | 6.87 |
| 19 | 508 | Hlavicová Magdaléna | | 2003 | Ostrava (Hlavy) | 00:28:49 | 00:09:59 | 6.66 |
| 20 | 610 | Braková Viktorie | | 2003 | Ostrava | 00:29:49 | 00:10:59 | 6.44 |
| 21 | 992 | Holušová Johana Marie | | 2003 | Ústí nad Orlicí (4run) | 00:35:56 | 00:17:06 | 5.34 |
| | 187 | Galaňuková Bara | | 2003 | Petřvald (Petřvald) | --- | | |
| | 1241 | Koloničná Hana | | 2002 | Ostrava | --- | | |
| | 493 | Ošmerová Zuzana | | 2002 | Ostrava | --- | | |
| | 435 | Svobodová Aneta | | 2003 | Ostrava 30 (Svobodačky) | --- | | |

Juniorky

Bělský les 10.11.2019

| POŘ. | SC | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|---------------------|------|------|--------------------------------|----------|----------|-------|
| 1 | 1041 | Surmová Eliška | | 2000 | Ostrava (SSK Vítkovice) | 00:14:49 | | 12.96 |
| 2 | 915 | Čuntová Anežka | | 2000 | Ostrava (Mushing team Ostrava) | 00:19:34 | 00:04:45 | 9.81 |
| 3 | 945 | Pyszková Adéla | | 2000 | Ostrava (Šneci v běhu) | 00:19:54 | 00:05:05 | 9.65 |
| 4 | 807 | Pavličková Zuzana | | 2000 | Vidče | 00:20:04 | 00:05:15 | 9.57 |
| 5 | 226 | Dedková Nikola | | 2001 | Rychvald (Rychvald) | 00:22:49 | 00:08:00 | 8.41 |
| 6 | 787 | Varkočková Kateřina | | 2001 | Havířov - Podlesí | 00:23:22 | 00:08:33 | 8.22 |
| 7 | 468 | Palkovská Eva | | 2001 | Ostrava | 00:25:41 | 00:10:52 | 7.48 |
| 8 | 648 | Vašků Natálie | | 2001 | Hvozdná | 00:26:10 | 00:11:21 | 7.34 |

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|------|------|--------------------|------|------|----------------------------|----------|----------|------|
| 9 | 1285 | Petrželková Bára | | 2001 | | 00:27:24 | 00:12:35 | 7.01 |
| 10 | 225 | Dedková Tereza | | 2001 | Rychvald (Rychvald) | 00:27:42 | 00:12:53 | 6.93 |
| 11 | 670 | Eretová Alice | | 2001 | Ostrava (Crossfit Ostrava) | 00:32:26 | 00:17:37 | 5.92 |
| 12 | 56 | Hlisenkovská Nina | | 2000 | Frýdek-Místek | 00:34:29 | 00:19:40 | 5.57 |
| 13 | 384 | Plesikova Viktorie | | 2001 | Napajedla (NapaBaby) | 00:36:54 | 00:22:05 | 5.20 |

Junioři

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| POŘ. | SC | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-----------------------------|------|------|------------------------------|----------|----------|-------|
| 1 | 1101 | Ručka Martin | | 2000 | Ostrava (SSK Vítkovice) | 00:12:56 | | 14.85 |
| 2 | 806 | Koch Jakub | | 2000 | Havířov - Město | 00:13:43 | 00:00:47 | 14.00 |
| 3 | 170 | Pleva David | | 2001 | Malenovice (Biatlon Ostrava) | 00:13:47 | 00:00:51 | 13.93 |
| 4 | 776 | Sanetník David | | 2000 | Olomouc | 00:13:48 | 00:00:52 | 13.91 |
| 5 | 57 | Mlečko Marek | | 2000 | Ostrava (Prostě běž Ostrava) | 00:14:13 | 00:01:17 | 13.51 |
| 6 | 1017 | Káňa Radek | | 2001 | Příbor | 00:14:37 | 00:01:41 | 13.14 |
| 7 | 778 | Prachar Matouš | | 2000 | Olomouc | 00:14:56 | 00:02:00 | 12.86 |
| 8 | 846 | Vyhňák Mikuláš | | 2001 | Ostrava (SDH Brušperk) | 00:15:27 | 00:02:31 | 12.43 |
| 9 | 1106 | Dzik Tomáš | | 2000 | Ostrava (Ostrava) | 00:16:04 | 00:03:08 | 11.95 |
| 10 | 1209 | Chovanec David | | 2001 | Frýdek-Místek | 00:16:29 | 00:03:33 | 11.65 |
| 11 | 744 | Rais Vojtěch | | 2000 | Ostrava | 00:17:19 | 00:04:23 | 11.09 |
| 12 | 1203 | Chovanec Radim | | 2001 | Ostravice | 00:17:55 | 00:04:59 | 10.72 |
| 13 | 1127 | Wójtowicz Marek | | 2001 | Ostrava-jih | 00:17:59 | 00:05:03 | 10.68 |
| 14 | 218 | Reitšmíd Jiří | | 2000 | Rychvald | 00:18:42 | 00:05:46 | 10.27 |
| 15 | 786 | Bruzek Michal | | 2001 | Ostrava | 00:21:10 | 00:08:14 | 9.07 |
| 16 | 541 | Babič Matěj | | 2001 | Ostrava | 00:23:19 | 00:10:23 | 8.23 |
| 17 | 633 | Stokes Christopher Benjamin | | 2001 | Ostrava | 00:25:04 | 00:12:08 | 7.66 |
| 18 | 1235 | Jakl Filip | | 2000 | Ostrava - Svinov | 00:26:02 | 00:13:06 | 7.38 |

Muži do 39 let

Bělský les 10.11.2019

| POŘ. | SC | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-----------------|------|------|---------------------------------------|----------|----------|-------|
| 1 | 1272 | Causidis Marek | | 1991 | Frýdek-Místek (BUFF) | 00:11:39 | | 16.48 |
| 2 | 883 | Vrzala Matouš | | 1994 | Ostrava (SSK Vítkovice) | 00:11:42 | 00:00:03 | 16.41 |
| 3 | 1003 | Fousek Jan | | 1991 | Ostrava (MK Seitl Ostrava) | 00:12:41 | 00:01:02 | 15.14 |
| 4 | 1100 | Vlach Martin | | 1991 | Havířov | 00:13:14 | 00:01:35 | 14.51 |
| 5 | 747 | Pražák Petr | | 1983 | Ostrava (Ostrava) | 00:13:40 | 00:02:01 | 14.05 |
| 6 | 899 | Kusin Vojtěch | | 1993 | Ostrava (Beskydští Pacoši) | 00:13:44 | 00:02:05 | 13.98 |
| 7 | 215 | Bystřičan Lukáš | | 1983 | Ostrava (FC B7 TÝM!!!) | 00:13:47 | 00:02:08 | 13.93 |
| 8 | 1252 | Hradil Rudolf | | 1990 | Ostrava | 00:13:51 | 00:02:12 | 13.86 |
| 9 | 130 | Sabela David | | 1991 | Český Těšín | 00:13:55 | 00:02:16 | 13.80 |
| 10 | 1234 | Zlatovský Jan | | 1988 | Ostrava (580824) | 00:13:55 | 00:02:16 | 13.80 |
| 11 | 693 | Janeček Tomáš | | 1991 | Závada (NAPOHODU! bike team Pišť) | 00:13:59 | 00:02:20 | 13.73 |
| 12 | 596 | Hošek Václav | | 1987 | Hulín | 00:14:05 | 00:02:26 | 13.63 |
| 13 | 59 | Đurica Michal | | 1989 | Ostrava (PWC) | 00:14:10 | 00:02:31 | 13.55 |
| 14 | 920 | Řezáč Martin | | 1982 | Ostrava (Mushing team Ostrava) | 00:14:10 | 00:02:31 | 13.55 |
| 15 | 1038 | Hoskovec Lukáš | | 1996 | Zruč nad Sázavou (SDH Zruč nad Sázavo | 00:14:13 | 00:02:34 | 13.51 |
| 16 | 70 | Vaculík Lukáš | | 1992 | Ostrava (Salomon/Suunto) | 00:14:15 | 00:02:36 | 13.47 |
| 17 | 75 | Pavlovič Ondřej | | 1989 | Ostrava (Bělský les) | 00:14:19 | 00:02:40 | 13.41 |
| 18 | 580 | Hrubý Jan | | 1980 | Ostrava-Zábřeh | 00:14:19 | 00:02:40 | 13.41 |
| 19 | 802 | Holek Tomáš | | 1989 | Ostrava (MATOHA) | 00:14:19 | 00:02:40 | 13.41 |
| 20 | 344 | Novák Václav | | 1987 | Ostrava | 00:14:27 | 00:02:48 | 13.29 |
| 21 | 626 | Kabát Michal | | 1986 | Příbor (Canicross Beskydy) | 00:14:28 | 00:02:49 | 13.27 |
| 22 | 1049 | Čech Adam | | 1996 | Vítkov | 00:14:38 | 00:02:59 | 13.12 |

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| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-------------------|------|------|---|----------|----------|-------|
| 23 | 283 | Karola Martin | | 1986 | Vratimov (ASUS) | 00:14:40 | 00:03:01 | 13.09 |
| 24 | 546 | Londa Jiří | | 1989 | Ostrava (SK ČERNÉ PLÍČE) | 00:14:42 | 00:03:03 | 13.06 |
| 25 | 309 | Nazalanik Luboš | | 1984 | Kopřivnice | 00:14:42 | 00:03:03 | 13.06 |
| 26 | 345 | Rodák Marek | | 1990 | Praha | 00:14:45 | 00:03:06 | 13.02 |
| 27 | 554 | Schmidt Denis | | 1982 | Prostřední Bečva (AC Sportguides Rožno | 00:14:54 | 00:03:15 | 12.89 |
| 28 | 754 | Sládek Ondřej | | 1993 | Frydek-Místek | 00:14:58 | 00:03:19 | 12.83 |
| 29 | 573 | Šafařík Jakub | | 1987 | Ostrava-Poruba | 00:14:59 | 00:03:20 | 12.81 |
| 30 | 1014 | Holman Aleš | | 1990 | Ostrava (Hyundai Team) | 00:15:08 | 00:03:29 | 12.69 |
| 31 | 1207 | Mokroš Miroslav | | 1988 | Vratimov (včelka z Vratimova) | 00:15:08 | 00:03:29 | 12.69 |
| 32 | 190 | Pospíšil Petr | | 1980 | Ostrava | 00:15:08 | 00:03:29 | 12.69 |
| 33 | 1048 | Karas Ivan | | 1988 | Ostrava-Poruba (MK Seitl Ostrava) | 00:15:13 | 00:03:34 | 12.62 |
| 34 | 131 | Vondráček Tomáš | | 1985 | Ostrava (X-TRAIL ORLOVÁ) | 00:15:13 | 00:03:34 | 12.62 |
| 35 | 975 | Vlček Radim | | 1984 | Ostrava | 00:15:15 | 00:03:36 | 12.59 |
| 36 | 6 | Čejka Matěj | | 1990 | Ostrava (Čejka team) | 00:15:17 | 00:03:38 | 12.56 |
| 37 | 823 | Kopáček Jan | | 1984 | Ostrava (H&L TEAM) | 00:15:22 | 00:03:43 | 12.49 |
| 38 | 625 | Šablatura Pavel | | 1990 | Ostrava (CC Beskydy) | 00:15:23 | 00:03:44 | 12.48 |
| 39 | 820 | Jasenský Oldřich | | 1982 | Zlín (AK Kroměříž) | 00:15:27 | 00:03:48 | 12.43 |
| 40 | 285 | Ermis Jiří | | 1982 | Kopřivnice (ASUS) | 00:15:32 | 00:03:53 | 12.36 |
| 41 | 1072 | Vícha Daniel | | 1989 | Ostrava | 00:15:36 | 00:03:57 | 12.31 |
| 42 | 156 | Tesař Vojtěch | | 1999 | Hlučín | 00:15:38 | 00:03:59 | 12.28 |
| 43 | 238 | Daněk Jiří | | 1984 | Ostrava - Zábřeh | 00:15:40 | 00:04:01 | 12.26 |
| 44 | 1163 | Bielan Lukáš | | 1992 | Štěpánkovice (Normální chlapi) | 00:15:40 | 00:04:01 | 12.26 |
| 45 | 1214 | Axman Marek | | 1985 | Ostrava | 00:15:40 | 00:04:01 | 12.26 |
| 46 | 1165 | Ryboř Marek | | 1995 | Štěpánkovice (Normální chlapi) | 00:15:42 | 00:04:03 | 12.23 |
| 47 | 221 | Prusek Martin | | 1983 | Ostrava Svinov (MK Seitl Ostrava) | 00:15:46 | 00:04:07 | 12.18 |
| 48 | 272 | Roupec Pavel | | 1984 | Frydek-Místek (ASUS) | 00:15:49 | 00:04:10 | 12.14 |
| 49 | 927 | Dresler Jakub | | 1988 | Ostrava | 00:15:49 | 00:04:10 | 12.14 |
| 50 | 172 | Bauer Michal | | 1982 | Ostrava | 00:15:50 | 00:04:11 | 12.13 |
| 51 | 1133 | Klímek Tomáš | | 1987 | Ostrava | 00:15:52 | 00:04:13 | 12.10 |
| 52 | 547 | Kubat Roman | | 1989 | Ostrava (Survive OCR) | 00:15:53 | 00:04:14 | 12.09 |
| 53 | 668 | Rozinek Jakub | | 1991 | Štítina | 00:15:53 | 00:04:14 | 12.09 |
| 54 | 1286 | Dudáš Daniel | | 1987 | | 00:15:53 | 00:04:14 | 12.09 |
| 55 | 872 | Ondryáš Petr | | 1980 | Valašské Meziříčí (TJ Liga 100 Olomouc) | 00:15:58 | 00:04:19 | 12.03 |
| 56 | 10 | Bartusek Tomáš | | 1986 | Ostrava-Jih (Ostrava) | 00:15:59 | 00:04:20 | 12.01 |
| 57 | 1050 | Onderka Arnošt | | 1992 | Vítkov (Vítkov) | 00:16:00 | 00:04:21 | 12.00 |
| 58 | 302 | Herich Marcel | | 1981 | Kobeřice (SLIPKA GYM) | 00:16:03 | 00:04:24 | 11.96 |
| 59 | 249 | Klug Miroslav | | 1989 | Ostrava-Poruba (GOGOGO) | 00:16:03 | 00:04:24 | 11.96 |
| 60 | 1197 | Kořený Lukáš | | 1993 | Bílovec | 00:16:04 | 00:04:25 | 11.95 |
| 61 | 71 | Mareš Václav | | 1985 | Havířov (GiroMio) | 00:16:04 | 00:04:25 | 11.95 |
| 62 | 752 | Valošek Miroslav | | 1980 | Ostrava | 00:16:05 | 00:04:26 | 11.94 |
| 63 | 536 | Šuhaj Josef | | 1981 | Ostrava (Výškovické běhny) | 00:16:08 | 00:04:29 | 11.90 |
| 64 | 98 | Krupa Pavel | | 1985 | Ostrava (SRTG Ostrava) | 00:16:12 | 00:04:33 | 11.85 |
| 65 | 852 | Szotkowsky Robert | | 1983 | | 00:16:17 | 00:04:38 | 11.79 |
| 66 | 160 | Masný Tomáš | | 1982 | Ostrava (Ostrava) | 00:16:18 | 00:04:39 | 11.78 |
| 67 | 1290 | Gawlas Tomáš | | 1984 | | 00:16:23 | 00:04:44 | 11.72 |
| 68 | 108 | Vyskočil Lukáš | | 1985 | Ostrava (100K) | 00:16:23 | 00:04:44 | 11.72 |
| 69 | 753 | Zháněl Ivo | | 1992 | Paskov (běžci sobě) | 00:16:23 | 00:04:44 | 11.72 |
| 70 | 460 | Beránek Jakub | | 1993 | Šenov (J-Elita Ostrava) | 00:16:26 | 00:04:47 | 11.68 |
| 71 | 246 | Kanovsky Ondrej | | 1983 | Ostrava (Modra Ustrice) | 00:16:28 | 00:04:49 | 11.66 |
| 72 | 699 | Kubín Martin | | 1990 | Dolní Lhota (Dolní Lhota) | 00:16:32 | 00:04:53 | 11.61 |

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|------|------|--------------------|------|------|------------------------------------|----------|----------|-------|
| 73 | 973 | Chudárek Lukáš | | 1985 | Ostrava (Hyundai Team) | 00:16:34 | 00:04:55 | 11.59 |
| 74 | 287 | Grebeň David | | 1986 | | 00:16:36 | 00:04:57 | 11.57 |
| 75 | 44 | Michalík Aleš | | 1983 | Ostrava | 00:16:38 | 00:04:59 | 11.54 |
| 76 | 594 | Studenský Miroslav | | 1987 | Ostrava (ne) | 00:16:39 | 00:05:00 | 11.53 |
| 77 | 817 | Stoklásek Martin | | 1996 | Šilheřovice | 00:16:39 | 00:05:00 | 11.53 |
| 78 | 1205 | Piegrzym Petr | | 1993 | Bohumín | 00:16:42 | 00:05:03 | 11.50 |
| 79 | 1080 | Boček Lukáš | | 1988 | Praha 9 (Běhny z Džuventy) | 00:16:47 | 00:05:08 | 11.44 |
| 80 | 390 | Franc Jakub | | 1996 | Ostrava | 00:16:48 | 00:05:09 | 11.43 |
| 81 | 1164 | Imrich Martin | | 1993 | Štěpánkovice (Normální chlapi) | 00:16:48 | 00:05:09 | 11.43 |
| 82 | 235 | Mínarčík Tomáš | | 1981 | Ostrava (SK Černé plíce) | 00:16:50 | 00:05:11 | 11.41 |
| 83 | 566 | Váně Tomáš | | 1995 | Ostrava-Poruba (Ostrava) | 00:16:51 | 00:05:12 | 11.39 |
| 84 | 240 | Londín Zdeněk | | 1988 | Fryčovice | 00:16:57 | 00:05:18 | 11.33 |
| 85 | 1073 | Vícha Petr | | 1980 | Ostrava | 00:17:01 | 00:05:22 | 11.28 |
| 86 | 894 | Foldyna Eduard | | 1990 | Frydek-Místek (Beskydští Pacoši) | 00:17:03 | 00:05:24 | 11.26 |
| 87 | 297 | Slivka Jiří | | 1991 | Kobeřice (SLIPKA GYM) | 00:17:03 | 00:05:24 | 11.26 |
| 88 | 1016 | Škop František | | 1987 | Ostrava Výškovice (Hyundai team) | 00:17:05 | 00:05:26 | 11.24 |
| 89 | 467 | Pavel Marek | | 1998 | Ostrava (Ostrava) | 00:17:05 | 00:05:26 | 11.24 |
| 90 | 555 | Sadlek Tomáš | | 1992 | Olomouc (ICIKTEAM) | 00:17:05 | 00:05:26 | 11.24 |
| 91 | 584 | Tischler Jakub | | 1990 | Tábor (Moravské Ludry :-D) | 00:17:07 | 00:05:28 | 11.22 |
| 92 | 392 | Kubačák Tomáš | | 1984 | Ostravice | 00:17:09 | 00:05:30 | 11.20 |
| 93 | 19 | Mlýnek Lukáš | | 1989 | Ostrava | 00:17:10 | 00:05:31 | 11.18 |
| 94 | 961 | Vápeník Ladislav | | 1982 | Horní Suchá | 00:17:14 | 00:05:35 | 11.14 |
| 95 | 743 | Rais Petr | | 1997 | Ostrava | 00:17:18 | 00:05:39 | 11.10 |
| 96 | 311 | Tkáč Jiří | | 1999 | Ostrava | 00:17:19 | 00:05:40 | 11.09 |
| 97 | 641 | Cvek Jakub | | 1998 | Fryčovice | 00:17:19 | 00:05:40 | 11.09 |
| 98 | 107 | Drahošan Pavel | | 1991 | Ostrava | 00:17:19 | 00:05:40 | 11.09 |
| 99 | 290 | Zientek Lukáš | | 1984 | Ostrava-Zábřeh (ASUS) | 00:17:20 | 00:05:41 | 11.08 |
| 100 | 499 | Stavinoha Jan | | 1989 | Ostrava (Čumáčkovi) | 00:17:21 | 00:05:42 | 11.07 |
| 101 | 136 | Pozdíšek Jan | | 1991 | Ostrava (Suicide Squad) | 00:17:22 | 00:05:43 | 11.06 |
| 102 | 766 | Grac Michal | | 1995 | Ostrava (Pětilistý Ženšen) | 00:17:22 | 00:05:43 | 11.06 |
| 103 | 1006 | Sikora Tomáš | | 1980 | Třinec (ToMiRaDi) | 00:17:24 | 00:05:45 | 11.03 |
| 104 | 1009 | Vojtkovský Filip | | 1996 | Kaňovice (Hyundai Team) | 00:17:24 | 00:05:45 | 11.03 |
| 105 | 97 | Babjak Martin | | 1984 | Ostrava (SRTG Ostrava) | 00:17:27 | 00:05:48 | 11.00 |
| 106 | 1134 | Hořínek Janis | | 1995 | Ostrava (Hyundai team) | 00:17:28 | 00:05:49 | 10.99 |
| 107 | 990 | Body Marcel | | 1982 | Karviná (Hyundai Team) | 00:17:28 | 00:05:49 | 10.99 |
| 108 | 658 | Janoš Josef | | 1982 | Ostrava | 00:17:29 | 00:05:50 | 10.98 |
| 109 | 1094 | Szulcsán Patrik | | 1994 | Ostrava | 00:17:30 | 00:05:51 | 10.97 |
| 110 | 501 | Pollak Michal | | 1988 | Český Těšín | 00:17:34 | 00:05:55 | 10.93 |
| 111 | 991 | Beránek Tomáš | | 1984 | Ostrava (4run) | 00:17:34 | 00:05:55 | 10.93 |
| 112 | 503 | Outrata Jan | | 1994 | Ostrava | 00:17:38 | 00:05:59 | 10.89 |
| 113 | 1259 | Kurek Martin | | 1994 | Levice (Hyundai Team) | 00:17:40 | 00:06:01 | 10.87 |
| 114 | 186 | Janota Jakub | | 1992 | Ostrava-Bělský Les | 00:17:41 | 00:06:02 | 10.86 |
| 115 | 256 | Syta Karlos | | 1982 | Polsko (Tvrde játra) | 00:17:42 | 00:06:03 | 10.85 |
| 116 | 581 | Neumann Břetislav | | 1983 | Ostrava | 00:17:44 | 00:06:05 | 10.83 |
| 117 | 237 | Samek Jakub | | 1991 | Opava (GOGOGO) | 00:17:48 | 00:06:09 | 10.79 |
| 118 | 1033 | Popp Lukáš | | 1980 | Slatina (Slaninky) | 00:17:48 | 00:06:09 | 10.79 |
| 119 | 765 | Nečas Aleš | | 1982 | Ostrava (Ani za nic) | 00:17:48 | 00:06:09 | 10.79 |
| 120 | 504 | Hižnaj Marek | | 1980 | Šenov | 00:17:49 | 00:06:10 | 10.78 |
| 121 | 1020 | Vavro Filip | | 1993 | Ostrava - Vítkovice (Autobakaláři) | 00:17:53 | 00:06:14 | 10.74 |
| 122 | 157 | Vaněk Václav | | 1993 | Ostrava | 00:17:54 | 00:06:15 | 10.73 |

Starobělské lurdy

3,2 km

Muži do 39 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|--------------------|------|------|---|----------|----------|-------|
| 123 | 1010 | Kaňok Robin | | 1991 | Ostrava (DGC Bazarmix) | 00:17:54 | 00:06:15 | 10.73 |
| 124 | 1118 | Havelka Petr | | 1991 | Ostrava (SK a KS Dakota) | 00:17:55 | 00:06:16 | 10.72 |
| 125 | 736 | Korduliak Michal | | 1989 | Korňa (#marftani) | 00:17:58 | 00:06:19 | 10.69 |
| 126 | 288 | Osmančík Michal | | 1991 | Kozmice (ASUS) | 00:17:59 | 00:06:20 | 10.68 |
| 127 | 233 | Skřípec Ondřej | | 1982 | Ostrava - Poruba | 00:17:59 | 00:06:20 | 10.68 |
| 128 | 270 | Holub Milan | | 1991 | Ostrava-Bělský Les (ASUS) | 00:18:01 | 00:06:22 | 10.66 |
| 129 | 252 | Adámek Radim | | 1989 | Ostrava | 00:18:02 | 00:06:23 | 10.65 |
| 130 | 628 | Damborský Petr | | 1988 | Ostrava (Neslyším) | 00:18:05 | 00:06:26 | 10.62 |
| 131 | 343 | Šprocha Andrej | | 1988 | Orlová-Lutyně (BEAST MODE) | 00:18:10 | 00:06:31 | 10.57 |
| 132 | 1219 | Ptáček Tomáš | | 1994 | Ostrava | 00:18:10 | 00:06:31 | 10.57 |
| 133 | 656 | Janeček Martin | | 1985 | Horní-Suchá (Horní-Suchá) | 00:18:13 | 00:06:34 | 10.54 |
| 134 | 1064 | Sýkora Martin | | 1988 | Ostrava (Rychlí slévači) | 00:18:14 | 00:06:35 | 10.53 |
| 135 | 144 | Brožek Václav | | 1988 | Rychvald (ZaBeer) | 00:18:16 | 00:06:37 | 10.51 |
| 136 | 58 | Seidl Radek | | 1986 | Ostrava (Seidlovi) | 00:18:17 | 00:06:38 | 10.50 |
| 137 | 465 | Šubert Radek | | 1992 | Fryčovice (Horalové a blázni) | 00:18:18 | 00:06:39 | 10.49 |
| 138 | 1156 | Mořkovský Vojtěch | | 1989 | Ostrava | 00:18:22 | 00:06:43 | 10.45 |
| 139 | 375 | Volný Matěj | | 1987 | Ostrava | 00:18:23 | 00:06:44 | 10.44 |
| 140 | 919 | Weiss Tomáš | | 1980 | Ostrava (Mushing team Ostrava) | 00:18:27 | 00:06:48 | 10.41 |
| 141 | 421 | Janočko Pavel | | 1990 | Ostrava (SK ČERNÉ PLÍCE) | 00:18:29 | 00:06:50 | 10.39 |
| 142 | 472 | Sokol Adam | | 1986 | Ostrava (Horalové a blázni) | 00:18:34 | 00:06:55 | 10.34 |
| 143 | 952 | Mlotek Jakub | | 1993 | Karviná (Karviná) | 00:18:35 | 00:06:56 | 10.33 |
| 144 | 1125 | Foltýn Ondřej | | 1995 | Ostrava (Barani) | 00:18:36 | 00:06:57 | 10.32 |
| 145 | 279 | Křetinský Lukáš | | 1989 | Rychvald (ASUS) | 00:18:36 | 00:06:57 | 10.32 |
| 146 | 1044 | Plawny Prokop | | 1993 | Havířov | 00:18:37 | 00:06:58 | 10.31 |
| 147 | 522 | Sikora Jakub | | 1997 | Ostrava | 00:18:38 | 00:06:59 | 10.30 |
| 148 | 1081 | BÍLÝ David | | 1990 | Český Těšín (Hyundai Team) | 00:18:38 | 00:06:59 | 10.30 |
| 149 | 1151 | Volný David | | 1981 | Fryčovice | 00:18:39 | 00:07:00 | 10.29 |
| 150 | 291 | Nenička Aleš | | 1984 | Ostrava-Zábřeh (ASUS) | 00:18:39 | 00:07:00 | 10.29 |
| 151 | 277 | Beil David | | 1989 | Ostrava-Poruba (ASUS) | 00:18:40 | 00:07:01 | 10.29 |
| 152 | 953 | Podžorský Pavel | | 1991 | ostrava | 00:18:41 | 00:07:02 | 10.28 |
| 153 | 304 | Böhm Tomáš | | 1991 | Havířov | 00:18:41 | 00:07:02 | 10.28 |
| 154 | 320 | Bajer Radek | | 1984 | Ostrava-Zábřeh (ASUS) | 00:18:42 | 00:07:03 | 10.27 |
| 155 | 24 | Číp Petr | | 1980 | Ostrava (čípovi) | 00:18:52 | 00:07:13 | 10.18 |
| 156 | 1119 | Lýsek Patrik | | 1982 | Frydek (Hyundai team) | 00:18:53 | 00:07:14 | 10.17 |
| 156 | 1113 | Masár Jaroslav | | 1981 | Ostrava-Zábřeh (Sheriff Wiggum Sport Te | 00:18:53 | 00:07:14 | 10.17 |
| 158 | 62 | Rajdus Vojtěch | | 1987 | Havířov | 00:18:53 | 00:07:14 | 10.17 |
| 159 | 250 | Zádrapa Miroslav | | 1988 | Hradec Králové (GOGOGO) | 00:18:54 | 00:07:15 | 10.16 |
| 160 | 1109 | Masaryk Adam | | 1993 | Ostrava | 00:18:55 | 00:07:16 | 10.15 |
| 161 | 21 | Muroň Marcel | | 1986 | Ostrava (Ostravští Cypi) | 00:18:55 | 00:07:16 | 10.15 |
| 162 | 723 | Herman Jakub | | 1984 | Bílavec (Nezmaří Bílavec) | 00:18:59 | 00:07:20 | 10.11 |
| 163 | 734 | Lev Michal | | 1983 | Frydek-Místek (#Marftani) | 00:19:02 | 00:07:23 | 10.09 |
| 164 | 1192 | Hlaváč Jan | | 1991 | Olomouc | 00:19:02 | 00:07:23 | 10.09 |
| 165 | 379 | Jendželovský Marek | | 1992 | Ostrava | 00:19:02 | 00:07:23 | 10.09 |
| 166 | 336 | Batko Jan | | 1989 | Ostrava | 00:19:02 | 00:07:23 | 10.09 |
| 167 | 93 | Herot Lukáš | | 1984 | Ostrava | 00:19:03 | 00:07:24 | 10.08 |
| 168 | 489 | Dolinský Jakub | | 1991 | Ostrava | 00:19:04 | 00:07:25 | 10.07 |
| 169 | 671 | Valový Lukáš | | 1980 | Dětmarovice | 00:19:04 | 00:07:25 | 10.07 |
| 170 | 30 | Sobek Martin | | 1988 | Ostrava | 00:19:06 | 00:07:27 | 10.05 |
| 171 | 921 | Holešínský Robin | | 1994 | Ostrava (Mushing team Ostrava) | 00:19:13 | 00:07:34 | 9.99 |
| 172 | 968 | Matúšek Jan | | 1980 | Ostrava (Matúšci) | 00:19:13 | 00:07:34 | 9.99 |

Starobělské lurdy

3,2 km

Muži do 39 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|------------------|------|------|--|----------|----------|------|
| 173 | 650 | Stuchlík Petr | | 1985 | Ostrava - Svinov | 00:19:18 | 00:07:39 | 9.95 |
| 174 | 490 | Martinák Lukáš | | 1995 | Ostrava | 00:19:23 | 00:07:44 | 9.91 |
| 175 | 81 | Gavilák Miroslav | | 1984 | Ostrava (Ostrava) | 00:19:25 | 00:07:46 | 9.89 |
| 176 | 512 | Říha Vojtěch | | 1995 | Ostrava (Strážci vesmíru) | 00:19:28 | 00:07:49 | 9.86 |
| 177 | 122 | Sosnovec Jiří | | 1980 | Ostrava (Je to ta zed!) | 00:19:29 | 00:07:50 | 9.85 |
| 178 | 1015 | Duda Jan | | 1983 | Cesky Tesin (Hyundai Team) | 00:19:32 | 00:07:53 | 9.83 |
| 179 | 871 | Prajzler Daniel | | 1995 | Dětmárovice (BoliTo) | 00:19:33 | 00:07:54 | 9.82 |
| 180 | 203 | Sýkora Radim | | 1983 | Ostrava | 00:19:40 | 00:08:01 | 9.76 |
| 181 | 576 | Machálek Filip | | 1987 | Ostrava-Krásné Pole | 00:19:44 | 00:08:05 | 9.73 |
| 182 | 1216 | Podolák Lukáš | | 1981 | Doubrava (X-TRAIL Orlová) | 00:19:44 | 00:08:05 | 9.73 |
| 183 | 700 | Vilgus Aleš | | 1982 | Ostrava | 00:19:45 | 00:08:06 | 9.72 |
| 184 | 1093 | Sebera Lukáš | | 1992 | Dolní Lutyně | 00:19:47 | 00:08:08 | 9.71 |
| 185 | 795 | Szweda Filip | | 1981 | Bílovec (Nezmaři Bílovec) | 00:19:48 | 00:08:09 | 9.70 |
| 186 | 811 | Jirout Tomáš | | 1986 | Vratimov (Sweet but crazy) | 00:19:49 | 00:08:10 | 9.69 |
| 187 | 278 | Mičkal Martin | | 1986 | Havířov (ASUS) | 00:19:50 | 00:08:11 | 9.68 |
| 188 | 850 | Stříbný Zbyněk | | 1981 | Hněvošice | 00:19:53 | 00:08:14 | 9.66 |
| 189 | 1117 | Lexa Adam | | 1984 | Havířov (Hyundai Team) | 00:19:54 | 00:08:15 | 9.65 |
| 190 | 498 | Fojtů Josef | | 1980 | Hlučín (Kapebaja) | 00:20:00 | 00:08:21 | 9.60 |
| 191 | 332 | Bil Lukáš | | 1980 | Ludgeřovice | 00:20:00 | 00:08:21 | 9.60 |
| 192 | 260 | Tvrďý Radomír | | 1980 | Ostrava (Tvrďé játra) | 00:20:03 | 00:08:24 | 9.58 |
| 193 | 870 | Prajzler Dominik | | 1994 | Ostrava (BoliTo) | 00:20:04 | 00:08:25 | 9.57 |
| 194 | 142 | Zeman Filip | | 1989 | Dolní Lutyně | 00:20:10 | 00:08:31 | 9.52 |
| 195 | 245 | Janoška Jakub | | 1988 | Ostrava (profiq) | 00:20:10 | 00:08:31 | 9.52 |
| 196 | 553 | Škarka Michal | | 1993 | Ostrava | 00:20:13 | 00:08:34 | 9.50 |
| 197 | 1082 | Pfeffer Vladimír | | 1982 | Ostrava (Kupahrej.cz) | 00:20:15 | 00:08:36 | 9.48 |
| 198 | 300 | Halfar Ondřej | | 1991 | Kobedice (SLIPKA GYM) | 00:20:21 | 00:08:42 | 9.43 |
| 199 | 1146 | Procházka Pavel | | 1990 | Ostrava | 00:20:23 | 00:08:44 | 9.42 |
| 200 | 85 | Foriška Štefan | | 1983 | Příbor | 00:20:24 | 00:08:45 | 9.41 |
| 201 | 197 | Burns Kamil | | 1988 | Ostrava | 00:20:28 | 00:08:49 | 9.38 |
| 202 | 479 | Mockovciak Filip | | 1992 | Havířov | 00:20:28 | 00:08:49 | 9.38 |
| 203 | 244 | Vénos Jiří | | 1992 | ostrava | 00:20:30 | 00:08:51 | 9.37 |
| 204 | 856 | Klečka Tomáš | | 1980 | Ostrava (Ostrava) | 00:20:33 | 00:08:54 | 9.34 |
| 205 | 676 | Adamec Michal | | 1990 | Ostrava | 00:20:34 | 00:08:55 | 9.34 |
| 206 | 907 | Sedlák Jan | | 1986 | Šenov (Standardní tlupa) | 00:20:39 | 00:09:00 | 9.30 |
| 207 | 529 | Mrkvica Václav | | 1991 | Ostrava | 00:20:39 | 00:09:00 | 9.30 |
| 208 | 95 | Hájovský Jan | | 1992 | Bolatice | 00:20:44 | 00:09:05 | 9.26 |
| 209 | 1104 | Gajec Jakub | | 1991 | Ostrava - Poruba | 00:20:46 | 00:09:07 | 9.25 |
| 210 | 391 | Mihal Lukáš | | 1981 | Ostrava | 00:20:56 | 00:09:17 | 9.17 |
| 211 | 859 | Lembart Zdeněk | | 1988 | Ostrava | 00:20:56 | 00:09:17 | 9.17 |
| 212 | 1087 | Maďa Daniel | | 1987 | Sviadnov | 00:20:56 | 00:09:17 | 9.17 |
| 213 | 261 | Čech Martin | | 1982 | Havířov-Podlesí | 00:20:58 | 00:09:19 | 9.16 |
| 214 | 731 | Blakala Tomáš | | 1990 | Nošovice | 00:20:58 | 00:09:19 | 9.16 |
| 215 | 452 | Lička Lukáš | | 1992 | Bohumín (South Park Runners) | 00:20:59 | 00:09:20 | 9.15 |
| 216 | 1263 | Schmied Tomáš | | 1984 | Ostrava | 00:21:01 | 00:09:22 | 9.14 |
| 217 | 275 | Weissbrod Radek | | 1982 | Ostrava-Kunčice (ASUS) | 00:21:01 | 00:09:22 | 9.14 |
| 218 | 101 | Vrobel David | | 1986 | Frýdek-Místek (Ju Jitsu Frýdek-Místek) | 00:21:08 | 00:09:29 | 9.09 |
| 219 | 1035 | Chlup Kamil | | 1981 | Ostrava (Ostrava) | 00:21:09 | 00:09:30 | 9.08 |
| 220 | 1208 | Seo Hyunho | | 1982 | Ostrava (Hyundai team) | 00:21:11 | 00:09:32 | 9.06 |
| 221 | 293 | Lutz Tomáš | | 1984 | Ostrava-Koblov (ASUS) | 00:21:13 | 00:09:34 | 9.05 |
| 222 | 739 | Kozubek Petr | | 1987 | Ostrava (Sexuální divoši) | 00:21:13 | 00:09:34 | 9.05 |

Starobělské lurdy

3,2 km

Muži do 39 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|--------------------|------|------|------------------------------------|----------|----------|------|
| 223 | 1182 | Lalík Tomáš | | 1989 | Ostrava (Hyundai Team) | 00:21:16 | 00:09:37 | 9.03 |
| 224 | 1045 | Wija Karel | | 1991 | Ostrava | 00:21:16 | 00:09:37 | 9.03 |
| 225 | 577 | Lecián Kristián | | 1997 | Ostrava | 00:21:17 | 00:09:38 | 9.02 |
| 226 | 863 | Kadár Alexander | | 1990 | Ostrava | 00:21:27 | 00:09:48 | 8.95 |
| 227 | 1099 | Drobný Jakub | | 1994 | Havířov (Starobělské Lurdy) | 00:21:35 | 00:09:56 | 8.90 |
| 228 | 94 | Matug Michal | | 1984 | Ostrava | 00:21:35 | 00:09:56 | 8.90 |
| 229 | 858 | Lembart Tomáš | | 1991 | Ostrava | 00:21:36 | 00:09:57 | 8.89 |
| 230 | 960 | Čierny Petr | | 1990 | Ostrava | 00:21:36 | 00:09:57 | 8.89 |
| 231 | 985 | Pastýřík Martin | | 1988 | Ostrava | 00:21:38 | 00:09:59 | 8.88 |
| 232 | 1166 | Molek Jakub | | 1990 | Bravantice | 00:21:40 | 00:10:01 | 8.86 |
| 233 | 433 | Pospišek Martin | | 1982 | Ostrava | 00:21:41 | 00:10:02 | 8.85 |
| 234 | 704 | Novotný Rost'a | | 1980 | Třinec | 00:21:50 | 00:10:11 | 8.79 |
| 235 | 342 | Deák Daniel | | 1988 | Orlová-Lutyně (BEAST MODE) | 00:21:53 | 00:10:14 | 8.77 |
| 236 | 135 | Pavlásek Aleš | | 1981 | Ostrava (Suicide Squad) | 00:21:58 | 00:10:19 | 8.74 |
| 237 | 444 | Stavinoha Michal | | 1991 | Ostrava (Hyundai Team) | 00:21:59 | 00:10:20 | 8.73 |
| 238 | 1153 | Plaček Ondřej | | 1985 | Ostrava (Hyundai Team) | 00:22:02 | 00:10:23 | 8.71 |
| 239 | 929 | Sobek Jan | | 1982 | Ostrava-Hrabůvka (Hyundai team) | 00:22:04 | 00:10:25 | 8.70 |
| 240 | 675 | Adamec Tomáš | | 1986 | Ostrava | 00:22:04 | 00:10:25 | 8.70 |
| 241 | 777 | Fiala Dominik | | 1994 | Olomouc | 00:22:06 | 00:10:27 | 8.69 |
| 242 | 542 | Oliverius Pavel | | 1988 | Mesto albrechtice | 00:22:06 | 00:10:27 | 8.69 |
| 243 | 892 | Hermann Martin | | 1981 | Horní Suchá (Hyundai Team) | 00:22:09 | 00:10:30 | 8.67 |
| 244 | 208 | Beneš Michael | | 1990 | Ostrava | 00:22:09 | 00:10:30 | 8.67 |
| 245 | 837 | Velička Jakub | | 1992 | Ostrava (Los Dementos) | 00:22:16 | 00:10:37 | 8.62 |
| 246 | 550 | Husek Marcel | | 1988 | Ostrava neasy (Jebem na to :o)) | 00:22:18 | 00:10:39 | 8.61 |
| 247 | 665 | Mikula Miroslav | | 1996 | Nový Jičín | 00:22:24 | 00:10:45 | 8.57 |
| 248 | 1188 | Hlaváč Tomáš | | 1987 | Ostrava | 00:22:26 | 00:10:47 | 8.56 |
| 249 | 1228 | Belas Jakub | | 1980 | Ostrava (Vendavo) | 00:22:28 | 00:10:49 | 8.55 |
| 250 | 1271 | Cholasta Vlastimil | | 1990 | Přílepy (Pravá a levá filánž) | 00:22:33 | 00:10:54 | 8.51 |
| 251 | 1155 | Kaderka Pavel | | 1988 | Frydek - Místek | 00:22:39 | 00:11:00 | 8.48 |
| 252 | 124 | Hájek Jakub | | 1984 | Ostrava-Zábřeh (Longboard ostrava) | 00:22:52 | 00:11:13 | 8.40 |
| 253 | 1013 | Kolčář Jakub | | 1991 | Ostrava (Team JODA) | 00:22:52 | 00:11:13 | 8.40 |
| 254 | 1179 | Kim Hohyun | | 1981 | Ostrava (Hyundai Team) | 00:22:55 | 00:11:16 | 8.38 |
| 255 | 341 | Maršálek Petr | | 1993 | Orlová-Lutyně (BEAST MODE) | 00:22:55 | 00:11:16 | 8.38 |
| 256 | 958 | Hajdušek Jiří | | 1985 | Ostrava (Reklama Ostrava) | 00:22:56 | 00:11:17 | 8.37 |
| 257 | 340 | Svatý Lukáš | | 1990 | Orlová-Lutyně (BEAST MODE) | 00:22:56 | 00:11:17 | 8.37 |
| 258 | 1261 | Oparjuk Viktor | | 1980 | Bohumín | 00:22:56 | 00:11:17 | 8.37 |
| 259 | 1230 | Hurta Jiří | | 1992 | Ostrava (NaPlnyKnedlik) | 00:23:02 | 00:11:23 | 8.34 |
| 260 | 229 | Bučko Zdeněk | | 1982 | Ostrava (Ostravské kalače) | 00:23:04 | 00:11:25 | 8.32 |
| 261 | 895 | Hrib Radim | | 1988 | Frydek-Místek (Beskydští Pacoši) | 00:23:08 | 00:11:29 | 8.30 |
| 262 | 242 | Chalupka Tomáš | | 1990 | Frydek-Místek | 00:23:13 | 00:11:34 | 8.27 |
| 263 | 1031 | Balner Radim | | 1988 | Slatina (Slaninky) | 00:23:18 | 00:11:39 | 8.24 |
| 264 | 98 | Silber Martin | | 1980 | Ostrava | 00:23:37 | 00:11:58 | 8.13 |
| 265 | 598 | Kabeláč Radim | | 1984 | Frydek-Místek (Věčný povaleč v5) | 00:23:43 | 00:12:04 | 8.10 |
| 266 | 1131 | Kotek Jan | | 1983 | Ostrava | 00:23:44 | 00:12:05 | 8.09 |
| 267 | 711 | Pacit Martin | | 1985 | Ostrava | 00:23:44 | 00:12:05 | 8.09 |
| 268 | 1068 | Hrdý Lukáš | | 1983 | Ostrava (Rychlí slévači) | 00:23:50 | 00:12:11 | 8.06 |
| 269 | 730 | Kašpar Jiří | | 1992 | Ostrava | 00:24:02 | 00:12:23 | 7.99 |
| 270 | 1005 | Del Favero Adam | | 1996 | Hlučín (Sweet but crazy) | 00:24:04 | 00:12:25 | 7.98 |
| 271 | 771 | Michalčík Lukáš | | 1988 | Ostrava (Dream Team) | 00:24:05 | 00:12:26 | 7.97 |
| 272 | 674 | Šída Ján | | 1993 | Ostrava | 00:24:21 | 00:12:42 | 7.89 |

Starobělské lurdy

3,2 km

Muži do 39 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|------------------|------|------|---------------------------------|----------|----------|------|
| 273 | 1130 | Čupa Tomáš | | 1991 | Albrechtice | 00:24:26 | 00:12:47 | 7.86 |
| 274 | 466 | Pavel Martin | | 1995 | Ostrava | 00:24:31 | 00:12:52 | 7.83 |
| 275 | 1067 | Kotouček Filip | | 1987 | Ostrava (Rychlí slévači) | 00:24:34 | 00:12:55 | 7.82 |
| 276 | 12 | Bizoň Lukáš | | 1981 | Ostrava | 00:24:41 | 00:13:02 | 7.78 |
| 277 | 910 | Svěchovský Adam | | 1983 | Ostrava | 00:25:12 | 00:13:33 | 7.62 |
| 278 | 403 | Matzke Aleš | | 1989 | Frýdek-Místek (krakeni) | 00:25:58 | 00:14:19 | 7.39 |
| 279 | 464 | Rozsypal David | | 1991 | Orlová (Horalové a blázni) | 00:26:04 | 00:14:25 | 7.37 |
| 280 | 898 | Španihel David | | 1998 | Ostrava (Beskydští Pacoši) | 00:26:17 | 00:14:38 | 7.31 |
| 281 | 264 | Mika Dalibor | | 1980 | Ostrava (IPSC Ostrava) | 00:26:34 | 00:14:55 | 7.23 |
| 282 | 841 | Rudolf Michal | | 1985 | Havířov (Havířov) | 00:26:34 | 00:14:55 | 7.23 |
| 283 | 980 | Volák Michal | | 1983 | Ostrava | 00:26:39 | 00:15:00 | 7.20 |
| 284 | 634 | Šafařík Miroslav | | 1994 | Ostrava | 00:28:04 | 00:16:25 | 6.84 |
| 285 | 755 | Božek Jan | | 1990 | Ostrava | 00:28:11 | 00:16:32 | 6.81 |
| 286 | 782 | Švancara Jiří | | 1990 | Ostrava | 00:28:29 | 00:16:50 | 6.74 |
| 287 | 89 | Homolka Jaroslav | | 1982 | Krupka | 00:28:40 | 00:17:01 | 6.70 |
| 288 | 461 | Kotík Vojtěch | | 1991 | Ostrava (Horalové a blázni) | 00:29:09 | 00:17:30 | 6.59 |
| 289 | 1110 | Lanik Tomas | | 1980 | Fryčovice | 00:29:53 | 00:18:14 | 6.42 |
| 290 | 3 | Vítovec Marek | | 1995 | Ostrava | 00:32:28 | 00:20:49 | 5.91 |
| 291 | 9 | Kolářik Oldřich | | 1987 | Ostrava-Poruba | 00:33:27 | 00:21:48 | 5.74 |
| 292 | 121 | Maretko Adam | | 1981 | Ostrava | 00:37:27 | 00:25:48 | 5.13 |
| 293 | 30 | Job Jakub | | 1984 | Ostrava (Parta Tým) | 00:40:58 | 00:29:19 | 4.69 |
| 294 | 1 | Müller Ondřej | | 1987 | Ostrava (Bokolobka tým Ostrava) | 00:42:50 | 00:31:11 | 4.48 |
| 295 | 72 | Plucha Tomáš | | 1990 | Karviná (Kolobrnďáci) | 00:42:51 | 00:31:12 | 4.48 |
| | 812 | Bartusek Jarda | | 1982 | Ostrava Poruba | --- | | |
| | 1224 | Dinkov Tomáš | | 1980 | Ostrava (Vendavo) | --- | | |
| | 935 | Doležel Jakub | | 1984 | Ostrava (Hyundai Team) | --- | | |
| | 710 | Gežo Daniel | | 1985 | Metylovice (Metylovice) | --- | | |
| | 255 | Hrbáč Petr | | 1981 | Krásné Pole (Tvrdé játra) | --- | | |
| | 645 | Hromada Václav | | 1986 | Brno (Opava) | --- | | |
| | 26 | Hula Lukáš | | 1980 | Ostrava - Pustkovec | --- | | |
| | 146 | Charvát Jakub | | 1992 | Ostrava (SRTG Ostrava) | --- | | |
| | 216 | Kašný Tomáš | | 1987 | Píšť (NAPOHODU! bike team/Píšť) | --- | | |
| | 1194 | KIM Moontae | | 1981 | Ostrava (Hyundai Team) | --- | | |
| | 1226 | Klepek Jiří | | 1991 | Ostrava (Vendavo) | --- | | |
| | 607 | Kocián Jirka | | 1984 | Nový Jičín (STG Frýdek-Místek) | --- | | |
| | 801 | Kokoř Ivan | | 1989 | Ostrava (JOF-X team) | --- | | |
| | 1121 | Kudláček Tomáš | | 1994 | Bělotín (TR Hranice) | --- | | |
| | 956 | Papežík Jirka | | 1992 | Ostrava (SDH Svinov) | --- | | |
| | 1161 | Pěkník Martin | | 1989 | Ostrava (MATOHA) | --- | | |
| | 595 | Proske Petr | | 1988 | Ostrava (Rundál.cz) | --- | | |
| | 322 | Simak Miroslav | | 1984 | Ostrava | --- | | |
| | 281 | Sýkora Jan | | 1991 | Ostrava-Zábřeh (ASUS) | --- | | |
| | 821 | Šrajer Jan | | 1991 | Ostrava (RUNdál) | --- | | |
| | 537 | Šuhaj Václav | | 1983 | Ostrava (Výškovické běhny) | --- | | |
| | 352 | Tomáš Robin | | 1982 | Ostrava (Prvá a druhý) | --- | | |
| | 443 | Varga Jakub | | 1995 | Karvina (Hyundai Team) | --- | | |
| | 805 | Volný Tomáš | | 1987 | Ostrava (Ostravske Kalače) | --- | | |
| | 151 | Zemek Lukáš | | 1988 | Opava (Colliery Made Ostrava) | --- | | |

Starobělské lurdy

3,2 km

Muži 40-49 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|------------------|------|------|--|----------|----------|-------|
| 1 | 534 | Stoszek Jan | | 1976 | Ostrava (VZS Ostrava) | 00:13:42 | | 14.01 |
| 2 | 937 | Vlach Jiří | | 1979 | Frýdek Místek (TJ Baník Ostrava) | 00:13:50 | 00:00:08 | 13.88 |
| 3 | 36 | Sekera Ondřej | | 1977 | Šenov u Ostravy (Elite Sport Max Training) | 00:13:59 | 00:00:17 | 13.73 |
| 4 | 1135 | Škapa Marek | | 1971 | Ostrava (MK Seitl Ostrava) | 00:14:17 | 00:00:35 | 13.44 |
| 5 | 372 | Vitásek Tomáš | | 1975 | Kobeřice (SLIPKA GYM) | 00:14:45 | 00:01:03 | 13.02 |
| 6 | 312 | Revenda Daniel | | 1979 | Ostrava (Dědek Revish - lets punk yeah) | 00:14:46 | 00:01:04 | 13.00 |
| 7 | 1063 | Lach Tomáš | | 1978 | Ostrava (Rychlí slévači) | 00:14:55 | 00:01:13 | 12.87 |
| 8 | 117 | Chemčuk Miroslav | | 1977 | Rudice (Samorost) | 00:15:20 | 00:01:38 | 12.52 |
| 9 | 750 | Krchňák Tomáš | | 1973 | Ostrava | 00:15:22 | 00:01:40 | 12.49 |
| 10 | 207 | Tomeček Petr | | 1977 | Ostrava | 00:15:26 | 00:01:44 | 12.44 |
| 11 | 793 | Filgas Jan | | 1973 | Stará Ves nad Ondřejnicí | 00:15:29 | 00:01:47 | 12.40 |
| 12 | 814 | Staněk Petr | | 1974 | Velké Těšany (AK Kroměříž) | 00:15:36 | 00:01:54 | 12.31 |
| 13 | 22 | Lukacs Miroslav | | 1976 | Ostrava | 00:15:37 | 00:01:55 | 12.29 |
| 14 | 930 | Pesch Martin | | 1976 | Klimkovice | 00:15:44 | 00:02:02 | 12.20 |
| 15 | 599 | Ondráček Petr | | 1973 | Ostrava | 00:15:54 | 00:02:12 | 12.08 |
| 16 | 922 | Urbančík Martin | | 1974 | Ostrava (Mushing team Ostrava) | 00:15:54 | 00:02:12 | 12.08 |
| 17 | 1092 | Vojtíšek Zdenek | | 1973 | Trutnov (Šneci v běhu) | 00:15:57 | 00:02:15 | 12.04 |
| 18 | 202 | Křenek Jaromír | | 1970 | Klimkovice-Josefovice (Hladový vlk) | 00:16:04 | 00:02:22 | 11.95 |
| 19 | 836 | Dršťák Vlastimil | | 1970 | Havířov (Team lightBIKE) | 00:16:05 | 00:02:23 | 11.94 |
| 20 | 474 | Filip Tomáš | | 1973 | Ostrava (Ostrava) | 00:16:21 | 00:02:39 | 11.74 |
| 21 | 209 | Hlavica Petr | | 1975 | Ostrava (SK Oceláci Ostrava) | 00:16:25 | 00:02:43 | 11.70 |
| 22 | 438 | Molata Ondřej | | 1976 | Prostějov (Brhlík a Sojka) | 00:16:30 | 00:02:48 | 11.64 |
| 23 | 329 | Tomčík Petr | | 1974 | Nový Jičín (rNJ) | 00:16:39 | 00:02:57 | 11.53 |
| 24 | 265 | Darda Petr | | 1970 | Ostrava | 00:16:44 | 00:03:02 | 11.47 |
| 25 | 669 | Palatinus Petr | | 1976 | Horní Suchá | 00:16:45 | 00:03:03 | 11.46 |
| 26 | 948 | Pechlát Ctibor | | 1976 | Ostrava (Malý&Velký) | 00:16:51 | 00:03:09 | 11.39 |
| 27 | 1065 | Vank Michal | | 1972 | Ostrava (Rychlí slévači) | 00:16:51 | 00:03:09 | 11.39 |
| 28 | 393 | Kuchař David | | 1975 | Ostrava | 00:16:56 | 00:03:14 | 11.34 |
| 29 | 56 | Švec Vlastimil | | 1972 | Brno (zlodej.cz) | 00:16:57 | 00:03:15 | 11.33 |
| 30 | 497 | Jaroslav Böhm | | 1977 | Hlučín (Kapebaja) | 00:17:00 | 00:03:18 | 11.29 |
| 31 | 263 | Oborný Jiří | | 1971 | Ostrava (Ostrava) | 00:17:01 | 00:03:19 | 11.28 |
| 32 | 988 | Přikryl Tomáš | | 1975 | Frýdek-Místek (Hyundai team) | 00:17:02 | 00:03:20 | 11.27 |
| 33 | 147 | Rygel Přemysl | | 1979 | Děhylov (Děhylov) | 00:17:04 | 00:03:22 | 11.25 |
| 34 | 1062 | Seles Jiří | | 1975 | Ostrava (Rychlí slévači) | 00:17:07 | 00:03:25 | 11.22 |
| 35 | 769 | Hráček Roman | | 1972 | Ostrava (Ostrava) | 00:17:08 | 00:03:26 | 11.21 |
| 36 | 137 | Audý Jaroslav | | 1977 | Mikulovice (Suicide Squad) | 00:17:12 | 00:03:30 | 11.16 |
| 37 | 691 | Salzman Petr | | 1972 | Ostrava (Friends) | 00:17:13 | 00:03:31 | 11.15 |
| 38 | 707 | Doležel Radomír | | 1973 | Ostrava (Ostrava) | 00:17:14 | 00:03:32 | 11.14 |
| 39 | 957 | Jedlička Lukáš | | 1976 | Ostrava Sand mines | 00:17:15 | 00:03:33 | 11.13 |
| 40 | 982 | Ludvík Petr | | 1976 | Ostrava (Hyundai team) | 00:17:30 | 00:03:48 | 10.97 |
| 41 | 1115 | Drahotka Michael | | 1975 | Ostrava (Hyundai team) | 00:17:39 | 00:03:57 | 10.88 |
| 42 | 494 | Pospíšil Petr | | 1974 | Bílovec (Wagstadt snails) | 00:17:45 | 00:04:03 | 10.82 |
| 43 | 733 | tison marcel | | 1974 | Havířov (MT Fitness1) | 00:17:45 | 00:04:03 | 10.82 |
| 44 | 725 | Krchňák Michal | | 1975 | Bílovec (Nezmaři Bílovec) | 00:17:45 | 00:04:03 | 10.82 |
| 45 | 1258 | Milfait Petr | | 1971 | Ostrava (MIMI Fanclub Ostrava) | 00:17:46 | 00:04:04 | 10.81 |
| 46 | 672 | Čečotka Martin | | 1978 | Ostrava | 00:17:52 | 00:04:10 | 10.75 |
| 47 | 1180 | Walden David | | 1972 | Ostrava | 00:17:55 | 00:04:13 | 10.72 |
| 48 | 636 | Vařeka Roman | | 1973 | Ostrava | 00:17:57 | 00:04:15 | 10.70 |
| 49 | 741 | Kluka Martin | | 1979 | Orlová (Aquila) | 00:17:58 | 00:04:16 | 10.69 |
| 50 | 701 | Harenčík Jaromír | | 1971 | Ostrava | 00:18:00 | 00:04:18 | 10.67 |

Starobělské lurdy

3,2 km

Muži 40-49 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|------------------|------|------|---------------------------------------|----------|----------|-------|
| 51 | 69 | Gruber Stanislav | | 1974 | Frydek-Místek | 00:18:08 | 00:04:26 | 10.59 |
| 52 | 931 | Brož David | | 1979 | Ostrava (Plesná) | 00:18:12 | 00:04:30 | 10.55 |
| 53 | 119 | Kozubek Lukáš | | 1971 | Ostrava (Ostrava) | 00:18:15 | 00:04:33 | 10.52 |
| 54 | 176 | Hendrych Aleš | | 1975 | Ostrava-Výškovice | 00:18:15 | 00:04:33 | 10.52 |
| 55 | 409 | Lukeš Jakub | | 1978 | Ostrava | 00:18:17 | 00:04:35 | 10.50 |
| 56 | 169 | Machálek David | | 1974 | Darkovice (SK Černé plíce) | 00:18:17 | 00:04:35 | 10.50 |
| 57 | 453 | Juřica Pavel | | 1973 | Ostrava | 00:18:28 | 00:04:46 | 10.40 |
| 58 | 1223 | Kovalčík Jozef | | 1973 | Ostrava | 00:18:33 | 00:04:51 | 10.35 |
| 59 | 306 | Laburda Josef | | 1979 | Kobeřice (SLIPKA GYM) | 00:18:42 | 00:05:00 | 10.27 |
| 60 | 8 | Giža Tomáš | | 1975 | Rychvald (SK Černé plíce) | 00:18:43 | 00:05:01 | 10.26 |
| 61 | 2 | Kubica Radek | | 1978 | Petřvald (Petřvald) | 00:18:44 | 00:05:02 | 10.25 |
| 62 | 303 | Vinárek Michal | | 1977 | Branka u Opavy (SLIPKA GYM) | 00:18:45 | 00:05:03 | 10.24 |
| 63 | 966 | Šamšula David | | 1973 | Třinec (Běžecká skupina Český Těšín) | 00:18:45 | 00:05:03 | 10.24 |
| 64 | 1174 | Novák Radim | | 1979 | Sviadnov (Hyundai Team) | 00:18:47 | 00:05:05 | 10.22 |
| 65 | 1237 | Skalička Vít | | 1975 | Opava (Tedíkova péchota) | 00:18:49 | 00:05:07 | 10.20 |
| 66 | 116 | Wíttek Richard | | 1972 | Rájec-Jestřebí (Run magazine team) | 00:18:54 | 00:05:12 | 10.16 |
| 67 | 979 | Šimeček Lumír | | 1977 | Kobeřice | 00:18:55 | 00:05:13 | 10.15 |
| 68 | 1255 | KUČERA ROMAN | | 1978 | OSTRAVA 2 (JISTEBNÍK) | 00:18:59 | 00:05:17 | 10.11 |
| 69 | 284 | Tkačuk Petr | | 1979 | Ostrava-Dubina (ASUS) | 00:19:06 | 00:05:24 | 10.05 |
| 70 | 105 | Špalek Rudolf | | 1970 | Přerov VI. - Újezdec | 00:19:06 | 00:05:24 | 10.05 |
| 71 | 603 | Hamala Jaroslav | | 1977 | Ostrava-Proskovice | 00:19:07 | 00:05:25 | 10.04 |
| 72 | 110 | Karásek Tomáš | | 1972 | Ostrava - Koblov (Ubrečené Princezny) | 00:19:09 | 00:05:27 | 10.03 |
| 73 | 1227 | Belas Martin | | 1975 | Ostrava (Vendavo) | 00:19:36 | 00:05:54 | 9.80 |
| 74 | 177 | Slovák Jan | | 1970 | Ostrava (Ostrava) | 00:19:38 | 00:05:56 | 9.78 |
| 75 | 791 | Ondráček Hynek | | 1973 | Ostrava | 00:19:53 | 00:06:11 | 9.66 |
| 76 | 759 | Mahdal Pavel | | 1971 | Nový Jičín | 00:19:53 | 00:06:11 | 9.66 |
| 77 | 103 | Juránek Filip | | 1978 | Ostrava (Ju Jitsu Frydek-Místek) | 00:19:54 | 00:06:12 | 9.65 |
| 78 | 394 | Navrátil Tomáš | | 1977 | Ostrava (Běžci sobě) | 00:19:57 | 00:06:15 | 9.62 |
| 79 | 112 | Knap Michal | | 1974 | Frydek-Místek (Frydek-Místek) | 00:19:57 | 00:06:15 | 9.62 |
| 80 | 420 | Walder Rostislav | | 1976 | Vratimov | 00:20:00 | 00:06:18 | 9.60 |
| 81 | 358 | Žídek Robert | | 1978 | Ostrava (Ostrava) | 00:20:02 | 00:06:20 | 9.58 |
| 82 | 487 | Kis Pisti Štefan | | 1976 | Ostrava | 00:20:05 | 00:06:23 | 9.56 |
| 83 | 442 | Barchanski Roman | | 1977 | Ostrava (Wolfs) | 00:20:11 | 00:06:29 | 9.51 |
| 84 | 126 | Pustka Marian | | 1975 | ostrava | 00:20:15 | 00:06:33 | 9.48 |
| 85 | 396 | Hutín Jan | | 1978 | Ostrava-Dubina | 00:20:16 | 00:06:34 | 9.47 |
| 86 | 1184 | Šlachta Petr | | 1977 | Český Těšín | 00:20:19 | 00:06:37 | 9.45 |
| 87 | 82 | Hořínek Michal | | 1976 | Ostrava | 00:20:23 | 00:06:41 | 9.42 |
| 88 | 387 | Pertzian Michal | | 1970 | Skalité (Beer inside, Crivit outside) | 00:20:27 | 00:06:45 | 9.39 |
| 89 | 73 | Jovčev Jordan | | 1978 | Krmelín (Krmelín) | 00:20:31 | 00:06:49 | 9.36 |
| 90 | 1173 | Kubatý Jan | | 1977 | Nosovice 268 (Hyundai team) | 00:20:31 | 00:06:49 | 9.36 |
| 91 | 926 | Tomášek Roman | | 1978 | Ostrava Vratimov Horní Datyně | 00:20:37 | 00:06:55 | 9.31 |
| 92 | 1196 | Hwang Hyunju | | 1970 | Stare Mesto (Hyundai Team) | 00:20:47 | 00:07:05 | 9.24 |
| 93 | 191 | Plinta Marek | | 1977 | Šenov | 00:20:51 | 00:07:09 | 9.21 |
| 94 | 613 | Zbořil Kamil | | 1975 | Šenov | 00:21:14 | 00:07:32 | 9.04 |
| 95 | 459 | Stonawski Lumir | | 1975 | Český Těšín | 00:21:17 | 00:07:35 | 9.02 |
| 96 | 818 | Mareš Martin | | 1974 | Sleszká Ostrava (Hladnovské gazely) | 00:21:24 | 00:07:42 | 8.97 |
| 97 | 96 | Horák Martin | | 1971 | Petřvald (Ubrečené Princezny) | 00:21:34 | 00:07:52 | 8.90 |
| 98 | 579 | Halfar Dalibor | | 1977 | Darkovice | 00:21:38 | 00:07:56 | 8.88 |
| 99 | 247 | Sebera Libor | | 1971 | Bohumín | 00:21:40 | 00:07:58 | 8.86 |
| 100 | 319 | Marčík Tomáš | | 1974 | Žlutava (Napababy) | 00:21:42 | 00:08:00 | 8.85 |

Starobělské ludy

3,2 km

Muži 40-49 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-------------------|------|------|-----------------------------------|----------|----------|------|
| 101 | 906 | Stryja Jakub | | 1978 | Třinec | 00:21:51 | 00:08:09 | 8.79 |
| 102 | 1018 | Klančík Jan | | 1978 | Sviadnov | 00:21:54 | 00:08:12 | 8.77 |
| 103 | 163 | Majkus Tomáš | | 1970 | Bohumín - Nový Bohumín | 00:21:55 | 00:08:13 | 8.76 |
| 104 | 768 | Berger Jiří | | 1978 | Ostrava | 00:21:56 | 00:08:14 | 8.75 |
| 105 | 506 | Hlavica Radomír | | 1977 | Ostrava (Hlavy) | 00:22:03 | 00:08:21 | 8.71 |
| 106 | 1061 | Šulěř Jan | | 1973 | Ostrava (Rychlí slévači) | 00:22:08 | 00:08:26 | 8.67 |
| 107 | 1275 | Václavínek Ctirad | | 1971 | Hyundai Team | 00:22:10 | 00:08:28 | 8.66 |
| 108 | 1193 | noh jaehun | | 1978 | ostrava (hyundai) | 00:22:12 | 00:08:30 | 8.65 |
| 109 | 978 | Kousal Kamil | | 1975 | Havířov-Šumbark | 00:22:20 | 00:08:38 | 8.60 |
| 110 | 198 | Hladný Petr | | 1978 | Šenov | 00:22:20 | 00:08:38 | 8.60 |
| 111 | 429 | Celta Martin | | 1971 | Ostrava (SRTG Ostrava) | 00:22:24 | 00:08:42 | 8.57 |
| 112 | 682 | Fusek Petr | | 1978 | Ostrava (FUSO team) | 00:22:48 | 00:09:06 | 8.42 |
| 113 | 1160 | LEE MAN GI | | 1977 | OSTRAVA (Hyundai Team) | 00:23:07 | 00:09:25 | 8.31 |
| 114 | 909 | Freisler Pavel | | 1976 | Ostrava (Beskydští Pacoši) | 00:23:09 | 00:09:27 | 8.29 |
| 115 | 617 | Unger Vlastimil | | 1974 | Ostrava Svinov | 00:23:12 | 00:09:30 | 8.28 |
| 116 | 118 | Chotár Ivan | | 1972 | Dobrá | 00:23:18 | 00:09:36 | 8.24 |
| 117 | 150 | Grünberger Jakub | | 1978 | Vratimov-Horní Datyně (DRYM TYM) | 00:23:30 | 00:09:48 | 8.17 |
| 118 | 451 | Adamčík Danny | | 1979 | Ostrava (South Park Runners) | 00:23:32 | 00:09:50 | 8.16 |
| 119 | 1169 | Spáčil Aleš | | 1975 | Palkovice (Hyundai team) | 00:23:40 | 00:09:58 | 8.11 |
| 120 | 804 | Janečka Roman | | 1975 | Ostrava (Čertova Lhota) | 00:23:42 | 00:10:00 | 8.10 |
| 121 | 1139 | Nový Jaromír | | 1972 | Rakovník (Pozdní sběr) | 00:23:46 | 00:10:04 | 8.08 |
| 122 | 164 | Marný Antonín | | 1974 | Ostrava-Kunčice | 00:23:52 | 00:10:10 | 8.04 |
| 123 | 697 | Jurajda Radek | | 1975 | Ostrava-Zábřeh | 00:23:53 | 00:10:11 | 8.04 |
| 124 | 60 | Jaroš Michal | | 1979 | Vřesina | 00:24:07 | 00:10:25 | 7.96 |
| 125 | 25 | Koch Petr | | 1974 | Ludgeřovice (Kochači) | 00:24:22 | 00:10:40 | 7.88 |
| 126 | 1177 | KIM JEONG UN | | 1978 | Frydek-Místek (Hyundai Team) | 00:24:27 | 00:10:45 | 7.85 |
| 127 | 274 | Baletka Jiří | | 1975 | Trnávka (ASUS) | 00:24:59 | 00:11:17 | 7.69 |
| 128 | 878 | Spáčil Petr | | 1971 | Ostrava | 00:25:01 | 00:11:19 | 7.67 |
| 129 | 1103 | Barchanski Radek | | 1971 | Český Těšín (Hyundai Team) | 00:25:08 | 00:11:26 | 7.64 |
| 130 | 29 | Holeš Jiří | | 1979 | Ostrava Výškovice | 00:25:39 | 00:11:57 | 7.49 |
| 131 | 152 | Vysocký Jan | | 1977 | Ostrava (PARTY PEOPLE) | 00:25:54 | 00:12:12 | 7.41 |
| 132 | 843 | Poláček Karel | | 1973 | Brušperk (STS Chvojkovice - Brod) | 00:26:10 | 00:12:28 | 7.34 |
| 133 | 1025 | Nábělek Petr | | 1977 | Slatina (Slaninky) | 00:26:13 | 00:12:31 | 7.32 |
| 134 | 307 | Mrozek Milan | | 1975 | Raduň (JUST BOMB GYM) | 00:27:23 | 00:13:41 | 7.01 |
| 135 | 1195 | Choi Wonseok | | 1977 | Fridek-Místek (Hyundai Team) | 00:27:25 | 00:13:43 | 7.00 |
| 136 | 1254 | Takáč Petr | | 1974 | Ostrava | 00:28:13 | 00:14:31 | 6.80 |
| 137 | 380 | Fluksa Pavel | | 1978 | Ostrava | 00:28:38 | 00:14:56 | 6.71 |
| 138 | 66 | Mohyla Roman | | 1978 | Frydek-Místek (Mohyláci) | 00:28:48 | 00:15:06 | 6.67 |
| 139 | 68 | Macháček Tomáš | | 1975 | Frydek - Místek (Fachstav) | 00:29:04 | 00:15:22 | 6.61 |
| 140 | 589 | Volf Martin | | 1979 | Kelč (Volfčata) | 00:30:47 | 00:17:05 | 6.24 |
| 141 | 85 | Neusar David | | 1977 | Ostrava (Rychlí slévači) | 00:34:11 | 00:20:29 | 5.62 |
| 142 | 48 | Tisoň Jaromír | | 1976 | Ostrava | 00:34:45 | 00:21:03 | 5.53 |
| 143 | 63 | Mička Mirek | | 1970 | Dolní Lutyně (Šneci v běhu) | 00:35:20 | 00:21:38 | 5.43 |
| 144 | 39 | Míček Michal | | 1978 | Ostravice | 00:40:26 | 00:26:44 | 4.75 |
| 145 | 37 | Gulich Petr | | 1973 | Vítkov (BOKOLOBKAI!!) | 00:42:53 | 00:29:11 | 4.48 |
| 146 | 1102 | Hrncirik Lukas | | 1978 | Popov (HMMC) | 00:46:09 | 00:32:27 | 4.16 |
| | 346 | Blechta Jiří | | 1978 | Ostrava | --- | | |
| | 295 | Faldyna Zdeněk | | 1977 | Ostrava (STK PRO CHLAPY) | --- | | |
| | 558 | Geryk Pavel | | 1978 | Fulnek | --- | | |
| | 106 | JIN kwangseob | | 1979 | ostrava | --- | | |

Starobělské lurdy

3,2 km

Muži 40-49 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-----------------|------|------|-----------------------------------|-------|--------|------|
| | 219 | Karabín Mario | | 1972 | Ostrava (LaPeco) | --- | | |
| | 313 | Lukács Miroslav | | 1976 | Ostrava (Mattoni Freerun Ostrava) | --- | | |
| | 864 | Pechlát Matej | | 1977 | Ostrava (Žízivný vlk) | --- | | |
| | 612 | Pravdík Michal | | 1972 | Ostrava (RPS runners) | --- | | |
| | 337 | Slečka Martin | | 1976 | Ostrava | --- | | |
| | 1176 | Svoboda Tomáš | | 1975 | Ostrava-Zábřeh | --- | | |
| | 987 | Zdražil Martin | | 1974 | Ostrava - Poruba (Hyundai team) | --- | | |

Muži 50-59 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|----------------------|------|------|--|----------|----------|-------|
| 1 | 788 | Pavlík Miroslav | | 1964 | Pustá Polom (Mountaintime team) | 00:14:39 | | 13.11 |
| 2 | 398 | Polák Aleš | | 1969 | Ostrava | 00:14:54 | 00:00:15 | 12.89 |
| 3 | 1233 | Husek Stanislav | | 1962 | Rožnov pod Radhostěm (Rožnov pod Rad | 00:15:56 | 00:01:17 | 12.05 |
| 4 | 1291 | Salawa Jiří | | 1967 | | 00:16:19 | 00:01:40 | 11.77 |
| 5 | 399 | Golab Radim | | 1969 | Ostrava | 00:16:38 | 00:01:59 | 11.54 |
| 6 | 719 | Kubánek Pavel | | 1968 | Bílovec (Nezmaři Bílovec) | 00:16:59 | 00:02:20 | 11.31 |
| 7 | 556 | Zaťko Libor | | 1968 | Olomouc (ICIKTEAM) | 00:17:05 | 00:02:26 | 11.24 |
| 8 | 1273 | Novotný Ivan | | 1965 | Ostrava | 00:17:09 | 00:02:30 | 11.20 |
| 9 | 153 | Galbavý Pavel | | 1968 | Olomouc (Olomouc) | 00:17:10 | 00:02:31 | 11.18 |
| 10 | 1076 | Gurecký Miroslav | | 1968 | Havířov | 00:17:10 | 00:02:31 | 11.18 |
| 11 | 331 | Machala Stanislav | | 1966 | Ostrava-Poruba | 00:17:39 | 00:03:00 | 10.88 |
| 12 | 1204 | Chovanec Roman | | 1962 | Ostravice | 00:17:55 | 00:03:16 | 10.72 |
| 13 | 109 | Bittner Martin | | 1969 | Ostrava - Vítkovice (Diakonie Ostrava) | 00:18:03 | 00:03:24 | 10.64 |
| 14 | 532 | Zuzaňák Vilém | | 1968 | Ostrava (Biatlon ostrava) | 00:18:12 | 00:03:33 | 10.55 |
| 15 | 376 | Golab Petr | | 1969 | Ostrava | 00:18:17 | 00:03:38 | 10.50 |
| 16 | 1124 | Balnar Jiří | | 1967 | Ostrava | 00:18:19 | 00:03:40 | 10.48 |
| 17 | 531 | Štefanský Pavel | | 1968 | Havířov (Havířov) | 00:18:34 | 00:03:55 | 10.34 |
| 18 | 867 | Polame Richard | | 1968 | Ostrava (BoliTo) | 00:18:37 | 00:03:58 | 10.31 |
| 19 | 560 | Gebauer Miroslav | | 1960 | opava | 00:18:42 | 00:04:03 | 10.27 |
| 20 | 378 | Sywala Tomáš | | 1966 | Ostrava | 00:18:42 | 00:04:03 | 10.27 |
| 21 | 1000 | Tomek Miloš | | 1963 | Letovice (KUMPAČKA) | 00:18:44 | 00:04:05 | 10.25 |
| 22 | 1001 | Bartoň Pavel | | 1964 | Růžďka (KUMPAČKA) | 00:18:46 | 00:04:07 | 10.23 |
| 23 | 213 | Čada Petr | | 1967 | Havířov (Havířov) | 00:18:59 | 00:04:20 | 10.11 |
| 24 | 1078 | Štigler Jan | | 1962 | Ostrava | 00:19:01 | 00:04:22 | 10.10 |
| 25 | 664 | Kowal Václav | | 1965 | Ostrava (BoKolobka Tým Ostrava) | 00:19:21 | 00:04:42 | 9.92 |
| 26 | 347 | Burda Václav | | 1960 | Ostrava - Zábřeh (Ostrava) | 00:20:15 | 00:05:36 | 9.48 |
| 27 | 530 | Nadažy Radek | | 1965 | Bohumín | 00:20:16 | 00:05:37 | 9.47 |
| 28 | 667 | Mikula Miroslav | | 1967 | Nový Jičín | 00:21:15 | 00:06:36 | 9.04 |
| 29 | 1098 | Tekelík Jaroslav | | 1969 | Havířov | 00:21:15 | 00:06:36 | 9.04 |
| 30 | 940 | Csernai Pavel | | 1968 | Ostrava | 00:21:50 | 00:07:11 | 8.79 |
| 31 | 1278 | Stadtherr Radim | | 1965 | Hyundai Team | 00:22:10 | 00:07:31 | 8.66 |
| 32 | 46 | Lysák Radim | | 1960 | Ostrava (Ostrava) | 00:22:14 | 00:07:35 | 8.64 |
| 33 | 125 | Budyn Jaroslav | | 1961 | Ostrava 3 | 00:22:24 | 00:07:45 | 8.57 |
| 34 | 478 | Solich Josef | | 1969 | Bohumín (Trojkaři) | 00:22:25 | 00:07:46 | 8.57 |
| 35 | 890 | Kubín Rostislav | | 1966 | Ostrava | 00:22:38 | 00:07:59 | 8.48 |
| 36 | 76 | Procházka Petr | | 1968 | Ostrava | 00:22:41 | 00:08:02 | 8.46 |
| 37 | 16 | Mlýnek Josef | | 1965 | Ostrava | 00:22:45 | 00:08:06 | 8.44 |
| 38 | 117 | Petr Makovec | | 1969 | Ostrava | 00:23:18 | 00:08:39 | 8.24 |
| 39 | 1012 | Kolčář Petr | | 1964 | Frydek-Místek (Team JODA) | 00:23:34 | 00:08:55 | 8.15 |
| 40 | 412 | Bažanowski Rostislav | | 1965 | Ostrava (Starobělské Lurdy) | 00:24:11 | 00:09:32 | 7.94 |
| 41 | 997 | Hýl Luděk | | 1962 | Stará Ves nad Ondřejnicí (Zubničky) | 00:24:35 | 00:09:56 | 7.81 |

Starobělské ludy

3,2 km

Muži 50-59 let

Bělský les 10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|------------------|------|------|--------------------------|----------|----------|------|
| 42 | 519 | Kopáček Jiří | | 1965 | Ostrava (Ostrava) | 00:24:38 | 00:09:59 | 7.79 |
| 43 | 495 | Zeman Čestmír | | 1967 | Ostrava | 00:24:59 | 00:10:20 | 7.69 |
| 44 | 224 | Babej Vladimír | | 1964 | Rychvald (Rychvald) | 00:25:05 | 00:10:26 | 7.65 |
| 45 | 619 | Rajnoch Vladimír | | 1966 | ostrava (Ostrava) | 00:25:21 | 00:10:42 | 7.57 |
| 46 | 606 | Pekař Radek | | 1969 | Provodov | 00:25:50 | 00:11:11 | 7.43 |
| 47 | 646 | Hromada Jan | | 1960 | Opava (Opava) | 00:25:52 | 00:11:13 | 7.42 |
| 48 | 989 | Gawlik Miroslav | | 1968 | Ostrava (Hyundai team) | 00:28:33 | 00:13:54 | 6.73 |
| 49 | 97 | Ther Vladimír | | 1963 | Stará Bělá | 00:28:53 | 00:14:14 | 6.65 |
| 50 | 1178 | kim byung woo | | 1968 | OSTRAVA (HYUNDAI TEAM) | 00:28:58 | 00:14:19 | 6.63 |
| 51 | 781 | Sanetník Josef | | 1960 | Olomouc | 00:44:15 | 00:29:36 | 4.34 |
| | 1055 | Ihnát Josef | | 1963 | Ostrava (Rychlí slévači) | --- | | |
| | 1036 | Prudil Pavel | | 1966 | Karviná (Run the World) | --- | | |
| | 1210 | Štaš František | | 1961 | Ostrava-Zábřeh | --- | | |
| | 211 | Sušila František | | 1962 | Ostrava | --- | | |

Muži 60-69 let

Bělský les 10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|--------------------|------|------|--|----------|----------|-------|
| 1 | 3 | Neuwirth Alexandr | | 1955 | AK Emila Zátoka Kopřivnice | 00:16:01 | | 11.99 |
| 2 | 535 | Bučík Jaromír | | 1957 | Olomouc | 00:16:30 | 00:00:29 | 11.64 |
| 3 | 986 | Barbořák Bohuš | | 1959 | Olomouc (TJ Liga 100 Olomouc) | 00:17:03 | 00:01:02 | 11.26 |
| 4 | 938 | Přívětivý Miroslav | | 1953 | Příbor (DD Všechovice) | 00:17:07 | 00:01:06 | 11.22 |
| 5 | 627 | Štefek Zdeněk | | 1955 | Ostrava-Zábřeh (---) | 00:18:07 | 00:02:06 | 10.60 |
| 6 | 962 | Skoumal Vladimír | | 1957 | Ostrava (VVS) | 00:18:18 | 00:02:17 | 10.49 |
| 7 | 484 | Juřeník Josef | | 1952 | Ostrava-Výškovice (SK OB Ostrava) | 00:18:19 | 00:02:18 | 10.48 |
| 8 | 427 | Havel Vladimír | | 1958 | Haviřov (PHM Haviřov) | 00:19:04 | 00:03:03 | 10.07 |
| 9 | 809 | Izrael Jozef | | 1957 | Ostrava (Ostrava Bělský les) | 00:19:11 | 00:03:10 | 10.01 |
| 10 | 349 | Horkel Pavel | | 1959 | Ostrava (Vidličky a nože) | 00:19:29 | 00:03:28 | 9.85 |
| 11 | 51 | Šofer Jiří | | 1958 | Ostrava | 00:19:41 | 00:03:40 | 9.75 |
| 12 | 174 | Podolák Karel | | 1953 | Orlová-Lutyně (X-TRAIL Orlová) | 00:19:48 | 00:03:47 | 9.70 |
| 13 | 857 | Klíma Oldřich | | 1957 | Bohumín (Bohumín) | 00:20:47 | 00:04:46 | 9.24 |
| 14 | 1302 | Seifert Pavel | | 1959 | Ostrava | 00:20:58 | 00:04:57 | 9.16 |
| 15 | 1274 | Rinka Erich | | 1954 | Pražský BK Kravaře | 00:21:11 | 00:05:10 | 9.06 |
| 16 | 42 | Hameršmíd Vladimír | | 1953 | Pardubice | 00:22:04 | 00:06:03 | 8.70 |
| 17 | 614 | Bandík Pavel | | 1959 | Frydlant n. O. (SK Černé plíce) | 00:22:11 | 00:06:10 | 8.66 |
| 18 | 45 | Vavřina Jan | | 1952 | Ostrava -3 (Loudavý dědek) | 00:24:24 | 00:08:23 | 7.87 |
| 19 | 266 | Kulík Svatoslav | | 1958 | Ostrava-Zábřeh (Ostrava) | 00:25:12 | 00:09:11 | 7.62 |
| 20 | 679 | Fusek Jiří | | 1952 | Ostrava (FUSO team) | 00:25:16 | 00:09:15 | 7.60 |
| 21 | 942 | Komínek Jan | | 1957 | Ostrava | 00:27:25 | 00:11:24 | 7.00 |
| 22 | 267 | Sedlík Pavel | | 1952 | Ostrava Hrabůvka (Sokol rychlý Pavlík) | 00:29:46 | 00:13:45 | 6.45 |
| 23 | 79 | Vyskočil Eduard | | 1959 | Ostrava (Rychlí slévači) | 00:30:58 | 00:14:57 | 6.20 |
| 24 | 80 | Solnický Ivan | | 1959 | Ostrava (Rychlí slévači) | 00:33:20 | 00:17:19 | 5.76 |
| 25 | 125 | Klečka Ivo | | 1953 | Ostrava | 00:40:19 | 00:24:18 | 4.76 |
| 26 | 87 | Brinzík Jan | | 1956 | Ostrava (Rychlí slévači) | 00:42:15 | 00:26:14 | 4.54 |
| 27 | 32 | Müller Jaroslav | | 1959 | Ostrava (BO KOLOBKA Tým) | 00:42:41 | 00:26:40 | 4.50 |
| 28 | 41 | Míček Jiří | | 1952 | Ostrava - Výškovice | 00:42:56 | 00:26:55 | 4.47 |
| | 939 | Jelínek Petr | | 1952 | Příbor (AKEZ Kopřivnice) | --- | | |
| | 51 | Krkoška Zdeněk | | 1951 | Frenštát pod Radhoštěm | --- | | |

Muži nad 70 let

Bělský les 10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|-----|-----------------|------|------|------------------------|----------|--------|------|
| 1 | 839 | Beskydský Dědek | | 1945 | Orlová (Klub důchodců) | 00:20:44 | | 9.26 |

Starobělské lurdy**3,2 km****Muži nad 70 let****Bělský les****10.11.2019**

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-------------------|------|------|-------------------------------------|----------|----------|------|
| 2 | 314 | Olšanský Antonín | | 1946 | Ostrava-Hrabůvka (Sokol Hrabůvka) | 00:22:18 | 00:01:34 | 8.61 |
| 3 | 1245 | Procházka Václav | | 1945 | MK Seitl Ostrava (MK Seitl Ostrava) | 00:23:30 | 00:02:46 | 8.17 |
| 4 | 426 | Sochacký Miloslav | | 1945 | Ostrava (Stará Bělá) | 00:23:34 | 00:02:50 | 8.15 |
| 5 | 840 | Golas Josef | | 1947 | Ostrava (Běhám jenom za holkama) | 00:24:29 | 00:03:45 | 7.84 |
| 6 | 71 | Pupík Miroslav | | 1948 | Ostrava | 00:34:47 | 00:14:03 | 5.52 |
| 7 | 64 | Vaněk Josef | | 1946 | Ostrava (Stará Bělá) | 00:38:02 | 00:17:18 | 5.05 |

Ženy do 34 let**Bělský les****10.11.2019**

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|---------------------|------|------|--|----------|----------|-------|
| 1 | 1079 | Stiglerová Sylvie | | 1999 | Ostrava (USK Praha) | 00:13:38 | | 14.08 |
| 2 | 1162 | Vikartovská Lucie | | 1987 | Karlovice (Vítkovice) | 00:14:08 | 00:00:30 | 13.58 |
| 3 | 912 | Fryzová Kristina | | 1987 | Ostrava (Mushing team Ostrava) | 00:14:50 | 00:01:12 | 12.94 |
| 4 | 623 | Mikušová Barbora | | 1991 | Frydlant n/O (Canicross Beskydy) | 00:14:55 | 00:01:17 | 12.87 |
| 5 | 1108 | Kuklová Andrea | | 1985 | Frydlant nad Ostravicí (Hyundai Team/Lig | 00:15:20 | 00:01:42 | 12.52 |
| 6 | 970 | Ondrašíková Lenka | | 1997 | Ostrava (SSK Vítkovice) | 00:16:17 | 00:02:39 | 11.79 |
| 7 | 720 | Pokludová Šárka | | 1996 | Bílovec (Nezmaři Bílovec) | 00:17:00 | 00:03:22 | 11.29 |
| 8 | 1232 | Řeháková Zuzana | | 1992 | Ostrava | 00:17:05 | 00:03:27 | 11.24 |
| 9 | 18 | Motlochová Iva | | 1998 | Havířov - Podlesí | 00:17:12 | 00:03:34 | 11.16 |
| 10 | 1021 | Wygrysová Petra | | 1993 | Rožnov pod Radhoštěm (AC Sportguides | 00:17:16 | 00:03:38 | 11.12 |
| 11 | 388 | Kostková Romana | | 1992 | Ostrava | 00:17:22 | 00:03:44 | 11.06 |
| 12 | 79 | Sýkorová Eva | | 1989 | Ostrava | 00:17:24 | 00:03:46 | 11.03 |
| 13 | 845 | Poláčková Šarlota | | 1996 | Brušperk (STS Chvojkovice - Brod) | 00:17:43 | 00:04:05 | 10.84 |
| 14 | 702 | Zonková Petra | | 1989 | Opava (Opava) | 00:17:43 | 00:04:05 | 10.84 |
| 15 | 630 | Čablová Jitka | | 1989 | Závišice | 00:18:00 | 00:04:22 | 10.67 |
| 16 | 1270 | Tomanová Petra | | 1989 | Havířov (Pravá a levá filánž) | 00:18:10 | 00:04:32 | 10.57 |
| 17 | 1128 | Svobodová Martina | | 1994 | Olomouc | 00:18:11 | 00:04:33 | 10.56 |
| 18 | 239 | Londínová Simona | | 1993 | Fryčovice | 00:18:16 | 00:04:38 | 10.51 |
| 19 | 485 | Sobčáková Darina | | 1995 | Frydek-Místek | 00:18:18 | 00:04:40 | 10.49 |
| 20 | 1039 | Třosová Jana | | 1986 | Ostrava | 00:18:20 | 00:04:42 | 10.47 |
| 21 | 1282 | Kožušníková Zuzana | | 1986 | | 00:18:24 | 00:04:46 | 10.43 |
| 22 | 1281 | Lindovská Lenka | | 1988 | | 00:18:24 | 00:04:46 | 10.43 |
| 23 | 220 | Karabínová Natálie | | 1993 | Ostrava (LaPeco) | 00:18:38 | 00:05:00 | 10.30 |
| 24 | 565 | Malinová Vladimira | | 1988 | Zubří | 00:18:38 | 00:05:00 | 10.30 |
| 25 | 154 | Galbavá Sára | | 1999 | Olomouc (Olomouc) | 00:18:40 | 00:05:02 | 10.29 |
| 26 | 928 | Brumovská Barbora | | 1989 | Ostrava | 00:18:45 | 00:05:07 | 10.24 |
| 27 | 1051 | Maxianová Zuzana | | 1993 | Ostrava | 00:18:46 | 00:05:08 | 10.23 |
| 28 | 401 | Stanieková Magda | | 1985 | Ostrava (Běžci sobě) | 00:18:48 | 00:05:10 | 10.21 |
| 29 | 732 | Kožoň Sandra | | 1986 | Cieszyn (Orlica) | 00:18:53 | 00:05:15 | 10.17 |
| 30 | 824 | Kopáčková Lucie | | 1985 | Ostrava (H&L TEAM) | 00:18:56 | 00:05:18 | 10.14 |
| 31 | 1145 | Procházková Zuzana | | 1992 | Ostrava | 00:18:59 | 00:05:21 | 10.11 |
| 32 | 1265 | Schmiedová Petra | | 1985 | Ostrava | 00:19:02 | 00:05:24 | 10.09 |
| 33 | 1244 | Vejrychová Kateřina | | 1993 | Karviná | 00:19:05 | 00:05:27 | 10.06 |
| 34 | 600 | Čeníková Markéta | | 1996 | Ostrava - Dubina | 00:19:12 | 00:05:34 | 10.00 |
| 35 | 624 | Kolodějová Aneta | | 1999 | Malenovice (Canicross Beskydy) | 00:19:13 | 00:05:35 | 9.99 |
| 36 | 1206 | Piegrzymová Romana | | 1993 | Bohumín | 00:19:16 | 00:05:38 | 9.97 |
| 37 | 334 | Pindáková Pavlína | | 1990 | Ostrava | 00:19:17 | 00:05:39 | 9.96 |
| 38 | 886 | Kadulová Nela | | 1986 | Opava | 00:19:22 | 00:05:44 | 9.91 |
| 39 | 1191 | Hlaváčová Lucie | | 1990 | Olomouc | 00:19:35 | 00:05:57 | 9.80 |
| 40 | 431 | Vavřínčíková Lucie | | 1989 | Ostrava | 00:19:36 | 00:05:58 | 9.80 |
| 41 | 377 | Sywalová Martina | | 1994 | Ostrava (Ostrava) | 00:19:40 | 00:06:02 | 9.76 |
| 42 | 918 | Stanovská Miroslava | | 1986 | Ostrava (Mushing team Ostrava) | 00:19:41 | 00:06:03 | 9.75 |

Starobělské ludy

3,2 km

Ženy do 34 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-------------------------|------|------|---------------------------------------|----------|----------|------|
| 43 | 1052 | Jústelová Olga | | 1995 | Vítkov | 00:19:43 | 00:06:05 | 9.74 |
| 44 | 456 | Habramová Eva | | 1986 | Bohumín | 00:19:44 | 00:06:06 | 9.73 |
| 45 | 1011 | Mihoková Anna | | 1995 | Košická Belá | 00:19:46 | 00:06:08 | 9.71 |
| 46 | 353 | Kubicová Monika | | 1990 | Ostrava (Vidličky a nože) | 00:19:51 | 00:06:13 | 9.67 |
| 47 | 206 | Konečná Petra | | 1992 | Ostrava | 00:19:52 | 00:06:14 | 9.66 |
| 48 | 593 | Garbová Sandy | | 1995 | Ostrava | 00:20:00 | 00:06:22 | 9.60 |
| 49 | 40 | Vitásková Jana | | 1985 | Petřkovice | 00:20:01 | 00:06:23 | 9.59 |
| 50 | 792 | Kalusová Sabina | | 1994 | Ostrava | 00:20:02 | 00:06:24 | 9.58 |
| 51 | 810 | Štukavcová Markéta | | 1989 | Ostrava (Sweet but crazy) | 00:20:04 | 00:06:26 | 9.57 |
| 52 | 50 | Šofrová Lucie | | 1989 | Ostrava | 00:20:06 | 00:06:28 | 9.55 |
| 53 | 1 | Skoumalová Tereza | | 1990 | Ostrava | 00:20:11 | 00:06:33 | 9.51 |
| 54 | 1129 | Wronová Eva | | 1986 | Ostrava (Alpsport - Ježek na kopci) | 00:20:13 | 00:06:35 | 9.50 |
| 55 | 31 | Jurajdová Hana | | 1993 | Šenov u Nového Jičína | 00:20:14 | 00:06:36 | 9.49 |
| 56 | 483 | Baierová Kateřina | | 1988 | Ostrava (Mimózy) | 00:20:15 | 00:06:37 | 9.48 |
| 57 | 678 | Kováčová Veronika | | 1994 | Ostrava | 00:20:19 | 00:06:41 | 9.45 |
| 58 | 243 | Linhartová Veronika | | 1996 | ostrava | 00:20:29 | 00:06:51 | 9.37 |
| 59 | 481 | Baierová Veronika | | 1990 | Ostrava (Mimózy) | 00:20:31 | 00:06:53 | 9.36 |
| 60 | 513 | Kouláková Eva | | 1994 | Frydek-Místek (Strážci vesmíru) | 00:20:35 | 00:06:57 | 9.33 |
| 61 | 1202 | Chovancová Lucie | | 1998 | Ostravice | 00:20:43 | 00:07:05 | 9.27 |
| 62 | 269 | Králová Tereza | | 1988 | Ostrava (ASUS) | 00:20:46 | 00:07:08 | 9.25 |
| 63 | 545 | Matějková Anna | | 1991 | Studénka | 00:20:49 | 00:07:11 | 9.22 |
| 64 | 359 | Sasinová Lucie | | 1988 | Ostrava - Proskovice (DinoSauer team) | 00:21:00 | 00:07:22 | 9.14 |
| 65 | 662 | Javůrková Veronika | | 1992 | Ostrava | 00:21:07 | 00:07:29 | 9.09 |
| 66 | 143 | Owczarzędzowa Andrea | | 1990 | Dolní Lutyně | 00:21:08 | 00:07:30 | 9.09 |
| 67 | 1159 | Polachová Tereza | | 1991 | Ostrava | 00:21:12 | 00:07:34 | 9.06 |
| 68 | 637 | Pospíšková Jana | | 1987 | Závišice | 00:21:22 | 00:07:44 | 8.99 |
| 69 | 217 | Reitšmidová Aneta | | 1999 | Rychvald (SK Černé plíce) | 00:21:25 | 00:07:47 | 8.96 |
| 70 | 259 | Šlosarčíková Veronika | | 1990 | Ostrava (Tvrde játra) | 00:21:28 | 00:07:50 | 8.94 |
| 71 | 1198 | Hejhalová Tereza | | 1993 | Orlová | 00:21:45 | 00:08:07 | 8.83 |
| 72 | 166 | Jaglová Radka | | 1995 | Ostrava | 00:21:45 | 00:08:07 | 8.83 |
| 73 | 1126 | Hatlapatková Lucie | | 1998 | Bohumín-Vrbice (Barani) | 00:21:47 | 00:08:09 | 8.81 |
| 74 | 993 | Holušová Zuzana | | 1991 | Ostrava (4run) | 00:21:48 | 00:08:10 | 8.81 |
| 75 | 789 | Ničmanová Kateřina | | 1986 | Ostrava | 00:21:48 | 00:08:10 | 8.81 |
| 76 | 1211 | Sokolovská Diana | | 1993 | Ostrava | 00:21:56 | 00:08:18 | 8.75 |
| 77 | 800 | Bulawová Denisa | | 1991 | Jablunkov (MATOHA) | 00:21:57 | 00:08:19 | 8.75 |
| 78 | 348 | Kročková Lucie | | 1986 | Vratimov (Vidličky a nože) | 00:22:01 | 00:08:23 | 8.72 |
| 79 | 1071 | Flašarová Lucie | | 1986 | Ostrava | 00:22:05 | 00:08:27 | 8.69 |
| 80 | 911 | Ulmanová Adéla | | 1988 | Ostrava (Mushing team Ostrava) | 00:22:06 | 00:08:28 | 8.69 |
| 81 | 325 | Rábíková Denisa | | 1999 | Ostrava | 00:22:07 | 00:08:29 | 8.68 |
| 82 | 20 | Klusová Hana | | 1993 | Havířov (Šneci v běhu) | 00:22:07 | 00:08:29 | 8.68 |
| 83 | 1034 | Bažanowská Barbora | | 1991 | Slatina (Slaninky) | 00:22:09 | 00:08:31 | 8.67 |
| 84 | 236 | Samková Michaela | | 1993 | Opava (GOGOGO) | 00:22:10 | 00:08:32 | 8.66 |
| 85 | 737 | Kluková Monika | | 1985 | Orlová (Aquilae) | 00:22:14 | 00:08:36 | 8.64 |
| 86 | 482 | Kopečková Jana | | 1988 | Olomouc (Olomouc) | 00:22:15 | 00:08:37 | 8.63 |
| 87 | 873 | Sedláčková Markéta | | 1990 | Petřvald | 00:22:23 | 00:08:45 | 8.58 |
| 88 | 257 | Paličková Tereza Termiš | | 1990 | Ostrava (Tvrde játra) | 00:22:28 | 00:08:50 | 8.55 |
| 89 | 301 | Čujková Markéta | | 1987 | Kobeřice (SLIPKA GYM) | 00:22:30 | 00:08:52 | 8.53 |
| 90 | 564 | Kocichová Tereza | | 1986 | Ostrava | 00:22:31 | 00:08:53 | 8.53 |
| 91 | 548 | Šneková Radka | | 1991 | Ostrava (Plazím se do cíle) | 00:22:33 | 00:08:55 | 8.51 |
| 92 | 1154 | Rábarová Lenka | | 1992 | Havířov | 00:22:40 | 00:09:02 | 8.47 |

Starobělské ludy

3,2 km

Ženy do 34 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-----------------------|------|------|---------------------------------------|----------|----------|------|
| 93 | 282 | Krčová Kateřina | | 1986 | Ostrava-Mariánské Hory (ASUS) | 00:22:50 | 00:09:12 | 8.41 |
| 94 | 601 | Kohoutková Žaneta | | 1986 | Ostrava (Kykyrykyni) | 00:22:54 | 00:09:16 | 8.38 |
| 95 | 1158 | Plačková Lenka | | 1987 | Ostrava | 00:22:55 | 00:09:17 | 8.38 |
| 96 | 655 | Stratilíková Sylva | | 1991 | Ostrava Proskovice | 00:22:56 | 00:09:18 | 8.37 |
| 97 | 1112 | JUROŠKOVÁ Lenka | | 1987 | Ostrava | 00:22:56 | 00:09:18 | 8.37 |
| 98 | 677 | Bukovjanová Lucie | | 1993 | Ostrava | 00:22:59 | 00:09:21 | 8.35 |
| 99 | 118 | Trajkova Nikola | | 1985 | Ludgeřovice | 00:23:00 | 00:09:22 | 8.35 |
| 100 | 367 | Nováková Antonie | | 1997 | Ostrava | 00:23:02 | 00:09:24 | 8.34 |
| 101 | 1096 | Čížíková Denisa | | 1995 | šenov (NaPInyKnedlik) | 00:23:02 | 00:09:24 | 8.34 |
| 102 | 893 | Šostá Nicol | | 1992 | Frydek-Místek (Hyundai Team) | 00:23:03 | 00:09:25 | 8.33 |
| 103 | 168 | Friesová Zuzana | | 1987 | Ostrava | 00:23:03 | 00:09:25 | 8.33 |
| 104 | 230 | Bučková Veronika | | 1988 | Ostrava (Ostravske kalače) | 00:23:04 | 00:09:26 | 8.32 |
| 105 | 1040 | Katzová Romana | | 1987 | Havířov | 00:23:04 | 00:09:26 | 8.32 |
| 106 | 500 | Křížková Gabriela | | 1993 | Ostrava (Čumáčkovi) | 00:23:05 | 00:09:27 | 8.32 |
| 107 | 1225 | Belešová Jana | | 1991 | Ostrava (Vendavo) | 00:23:10 | 00:09:32 | 8.29 |
| 108 | 901 | Babizsová Zdenka | | 1992 | Frydek-Místek (Beskydští Pacoši) | 00:23:10 | 00:09:32 | 8.29 |
| 109 | 842 | Mendlová Karolína | | 1990 | Havířov (Havířov) | 00:23:15 | 00:09:37 | 8.26 |
| 110 | 932 | Kováčsová Tímea | | 1991 | Brno (Duck Team) | 00:23:17 | 00:09:39 | 8.25 |
| 111 | 775 | Kedroňová Michaela | | 1990 | Sviadnov (Dream Team) | 00:23:26 | 00:09:48 | 8.19 |
| 112 | 1260 | Misiorzová Eva | | 1988 | Český Těšín | 00:23:29 | 00:09:51 | 8.18 |
| 113 | 324 | Koutná Daniela | | 1999 | Krnov | 00:23:31 | 00:09:53 | 8.16 |
| 114 | 874 | Klegová Nicole | | 1991 | Kozlovice | 00:23:32 | 00:09:54 | 8.16 |
| 115 | 162 | Holá Karolína | | 1995 | Ostrava | 00:23:34 | 00:09:56 | 8.15 |
| 116 | 326 | Míčková Anežka | | 1986 | Dolní Lhota | 00:23:40 | 00:10:02 | 8.11 |
| 117 | 1140 | Petřeková Radana | | 1987 | Příbor (Pozdní sběr) | 00:23:46 | 00:10:08 | 8.08 |
| 118 | 528 | Janotová Tereza | | 1990 | Orlová (Šneci v běhu) | 00:23:53 | 00:10:15 | 8.04 |
| 119 | 1185 | Reichenbachová Tereza | | 1994 | Stonava | 00:23:54 | 00:10:16 | 8.03 |
| 120 | 1170 | Chalupová Nikola | | 1988 | Vrbno pod Pradědem (Vrbno pod Praděd) | 00:23:58 | 00:10:20 | 8.01 |
| 121 | 241 | Mrkosová Eliška | | 1988 | Frydek-Místek | 00:24:02 | 00:10:24 | 7.99 |
| 122 | 34 | Oslizloková Markéta | | 1987 | Dolní Lutyně | 00:24:08 | 00:10:30 | 7.96 |
| 123 | 436 | Golabová Klára | | 1990 | Ostrava | 00:24:08 | 00:10:30 | 7.96 |
| 124 | 405 | Rakoczyová Iveta | | 1990 | Ostrava (Šunky sobě) | 00:24:10 | 00:10:32 | 7.94 |
| 125 | 406 | Pagáčová Barbora | | 1990 | Ostrava (Šunky sobě!) | 00:24:11 | 00:10:33 | 7.94 |
| 126 | 1167 | Molková Martina | | 1993 | Bravantice | 00:24:14 | 00:10:36 | 7.92 |
| 127 | 183 | Matuskova Kamila | | 1987 | Frydek-Místek (šneci v běhu) | 00:24:16 | 00:10:38 | 7.91 |
| 128 | 563 | Kolářová Kateřina | | 1985 | Zubří | 00:24:19 | 00:10:41 | 7.90 |
| 129 | 1144 | Čierna Věra | | 1989 | Ostrava | 00:24:20 | 00:10:42 | 7.89 |
| 130 | 1004 | Del Favero Barbara | | 1995 | Hlučín (Sweet but crazy) | 00:24:20 | 00:10:42 | 7.89 |
| 131 | 462 | Surá Andrea | | 1994 | Ostrava (Horalové a blázni) | 00:24:20 | 00:10:42 | 7.89 |
| 132 | 32 | Svačinová Petra | | 1992 | Dolní Lutyně | 00:24:22 | 00:10:44 | 7.88 |
| 133 | 374 | Petrová Kateřina | | 1991 | Ostrava | 00:24:26 | 00:10:48 | 7.86 |
| 134 | 1008 | Lehnertová Stanislava | | 1985 | Frydek - Místek | 00:24:33 | 00:10:55 | 7.82 |
| 135 | 1066 | Solnická Markéta | | 1988 | Ostrava (Rychlí slévači) | 00:24:33 | 00:10:55 | 7.82 |
| 136 | 885 | Samešová Tereza | | 1990 | Ostrava | 00:24:34 | 00:10:56 | 7.82 |
| 137 | 449 | Hájková Vladka | | 1990 | Ostrava | 00:24:37 | 00:10:59 | 7.80 |
| 138 | 450 | Kozlová Martina | | 1987 | Ostrava | 00:24:37 | 00:10:59 | 7.80 |
| 139 | 1253 | Lipovská Šárka | | 1993 | Ostrava | 00:24:41 | 00:11:03 | 7.78 |
| 140 | 1083 | Zítková Tereza | | 1987 | Ostrava | 00:24:48 | 00:11:10 | 7.74 |
| 141 | 129 | Matušáková Jana | | 1996 | Ostrava | 00:24:55 | 00:11:17 | 7.71 |
| 142 | 165 | Schwarzerová Jana | | 1996 | Ostrava | 00:24:56 | 00:11:18 | 7.70 |

Starobělské ludy

3,2 km

Ženy do 34 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|---------------------|------|------|--------------------------------|----------|----------|------|
| 143 | 251 | Šipláková Lucie | | 1990 | Ostrava-Poruba (GOGOGO) | 00:24:59 | 00:11:21 | 7.69 |
| 144 | 1168 | Ragáli Tereza | | 1990 | Paskov | 00:25:02 | 00:11:24 | 7.67 |
| 145 | 339 | Bernatíková Markéta | | 1990 | Orlová-Lutyně (BEAST MODE) | 00:25:03 | 00:11:25 | 7.66 |
| 146 | 575 | Machálková Iveta | | 1986 | Ostrava-Krásné Pole | 00:25:12 | 00:11:34 | 7.62 |
| 147 | 491 | Wagnerová Markéta | | 1997 | Ostrava (Horalové a blázni) | 00:25:18 | 00:11:40 | 7.59 |
| 148 | 286 | Vůjtková Michaela | | 1992 | Ostrava-Zábřeh (ASUS) | 00:25:22 | 00:11:44 | 7.57 |
| 149 | 653 | Šlahorková Renáta | | 1986 | Ostrava | 00:25:23 | 00:11:45 | 7.56 |
| 150 | 923 | Bukovanová Lucie | | 1988 | Ostrava (Mushing team Ostrava) | 00:25:24 | 00:11:46 | 7.56 |
| 151 | 1141 | Axmannová Marcela | | 1985 | Ostrava (SRTG Ostrava) | 00:25:26 | 00:11:48 | 7.55 |
| 152 | 515 | Kaňková Klára | | 1989 | Ostrava | 00:25:35 | 00:11:57 | 7.50 |
| 153 | 1111 | Klimešová Nikol | | 1990 | Brno | 00:25:37 | 00:11:59 | 7.50 |
| 154 | 605 | Swiderová Silvie | | 1989 | Ostrava | 00:25:49 | 00:12:11 | 7.44 |
| 155 | 404 | Kudláčková Vendula | | 1988 | Frydek - Mistek | 00:25:58 | 00:12:20 | 7.39 |
| 156 | 933 | Žitniaková Silvia | | 1993 | Opava | 00:26:01 | 00:12:23 | 7.38 |
| 157 | 167 | Vilamová Kateřina | | 1989 | Ostrava | 00:26:05 | 00:12:27 | 7.36 |
| 158 | 516 | Balášová Petra | | 1989 | Ostrava | 00:26:12 | 00:12:34 | 7.33 |
| 159 | 330 | Machalová Markéta | | 1997 | Ostrava-Poruba | 00:26:13 | 00:12:35 | 7.32 |
| 160 | 1088 | Mařová Jana | | 1987 | Sviadnov | 00:26:33 | 00:12:55 | 7.23 |
| 161 | 770 | Herzánová Kateřina | | 1991 | Ostrava (Dream Team) | 00:26:37 | 00:12:59 | 7.21 |
| 162 | 185 | Vargová Nikola | | 1993 | Ostrava-Hrabůvka | 00:26:42 | 00:13:04 | 7.19 |
| 163 | 11 | Belavá Veronika | | 1993 | Paskov | 00:26:42 | 00:13:04 | 7.19 |
| 164 | 521 | Slončíková Zuzana | | 1997 | Ostrava | 00:26:51 | 00:13:13 | 7.15 |
| 165 | 61 | Skopalová Karolína | | 1994 | Ostrava | 00:26:52 | 00:13:14 | 7.15 |
| 166 | 511 | Zmudová Soňa | | 1991 | Bohumín (BEAST MODE) | 00:26:56 | 00:13:18 | 7.13 |
| 167 | 204 | Jurečková Irena | | 1999 | Ostrava (Adventní běhání) | 00:27:04 | 00:13:26 | 7.09 |
| 168 | 134 | Musialová Michaela | | 1989 | Karviná (Suicide Squad) | 00:27:07 | 00:13:29 | 7.08 |
| 169 | 115 | Kolencová Jaroslava | | 1989 | Ostrava (Yarda) | 00:27:18 | 00:13:40 | 7.03 |
| 170 | 87 | Hanzelová Tereza | | 1987 | Ostrava | 00:27:18 | 00:13:40 | 7.03 |
| 171 | 408 | Křívová Lucie | | 1987 | Ostrava (Drž hubu a makej) | 00:27:50 | 00:14:12 | 6.90 |
| 172 | 407 | Tannertová Alena | | 1986 | Ostrava (Drž hubu a makej) | 00:27:50 | 00:14:12 | 6.90 |
| 173 | 896 | Hessová Jana | | 1990 | Český Těšín (Beskydští Pacoši) | 00:27:51 | 00:14:13 | 6.89 |
| 174 | 835 | Brožová Soňa | | 1989 | Ostrava | 00:27:52 | 00:14:14 | 6.89 |
| 175 | 635 | Běťáková Veronika | | 1997 | Ostrava | 00:27:52 | 00:14:14 | 6.89 |
| 176 | 862 | Lišková Andrea | | 1999 | Krmelín (Šneci v běhu) | 00:27:57 | 00:14:19 | 6.87 |
| 177 | 838 | Veličková Veronika | | 1992 | Ostrava (Los Dementos) | 00:28:03 | 00:14:25 | 6.84 |
| 178 | 1029 | Satková Lenka | | 1999 | Slatina (Slaninky) | 00:28:14 | 00:14:36 | 6.80 |
| 179 | 729 | Gazárková Lenka | | 1988 | Frydek-Místek | 00:28:20 | 00:14:42 | 6.78 |
| 180 | 728 | Fojtíková Klára | | 1989 | Frydek-Místek | 00:28:24 | 00:14:46 | 6.76 |
| 181 | 908 | Šabacká Lucie | | 1991 | Havířov | 00:28:29 | 00:14:51 | 6.74 |
| 182 | 17 | Mochová Lucie | | 1993 | Ostrava | 00:28:31 | 00:14:53 | 6.73 |
| 183 | 889 | Skoupilíková Adélka | | 1988 | Ostrava | 00:28:37 | 00:14:59 | 6.71 |
| 184 | 549 | Kalousková Michaela | | 1991 | Ostrava (Mimózy) | 00:28:51 | 00:15:13 | 6.66 |
| 185 | 88 | Homolková Zuzana | | 1986 | Albrechtice | 00:28:56 | 00:15:18 | 6.64 |
| 186 | 1023 | Mrázková Mirka | | 1990 | Slatina (Slaninky) | 00:29:00 | 00:15:22 | 6.62 |
| 187 | 808 | Taslerová Eliška | | 1997 | Havířov (SRTG Havířov) | 00:29:06 | 00:15:28 | 6.60 |
| 188 | 969 | Matúšková Sandra | | 1986 | Ostrava (Matúšci) | 00:29:15 | 00:15:37 | 6.56 |
| 189 | 66 | Neubauerová Tereza | | 1987 | Suchdol nad Odrou | 00:29:35 | 00:15:57 | 6.49 |
| 190 | 105 | Jašková Monika | | 1986 | Příbor (Báječné ženy v běhu) | 00:29:42 | 00:16:04 | 6.46 |
| 191 | 959 | Blažková Kristýna | | 1999 | Ostrava | 00:29:57 | 00:16:19 | 6.41 |
| 192 | 517 | Macečková Karolína | | 1995 | Ostrava (Vet on track) | 00:30:11 | 00:16:33 | 6.36 |

Starobělské ludy

3,2 km

Ženy do 34 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|----------------------|------|------|-----------------------------------|----------|----------|------|
| 193 | 585 | Žižková Michaela | | 1988 | Albrechtický (Moravské Ludry :-D) | 00:30:14 | 00:16:36 | 6.35 |
| 194 | 900 | Bertová Verča | | 1988 | Ostrava (Beskydští Pacoši) | 00:30:22 | 00:16:44 | 6.32 |
| 195 | 583 | Tischlerová Lenka | | 1988 | Tábor (Moravské Ludry :-D) | 00:30:29 | 00:16:51 | 6.30 |
| 196 | 779 | Sanetníková Lucie | | 1998 | Olomouc | 00:30:31 | 00:16:53 | 6.29 |
| 197 | 881 | Hubová Zdeňka | | 1987 | Starý Jicin, Janovice (PINK) | 00:30:34 | 00:16:56 | 6.28 |
| 198 | 880 | Berková Míša | | 1986 | Starý Jičín, Dub (PINK) | 00:30:50 | 00:17:12 | 6.23 |
| 199 | 860 | Zavadilová Markéta | | 1988 | Ostrava | 00:30:51 | 00:17:13 | 6.22 |
| 200 | 75 | Rogozná Veronika | | 1996 | Ostrava (Ostrava) | 00:31:13 | 00:17:35 | 6.15 |
| 201 | 139 | Valchařová Eliška | | 1987 | Velké Heraltice | 00:31:23 | 00:17:45 | 6.12 |
| 202 | 35 | Bestová Pavlína | | 1997 | Krmelín | 00:32:03 | 00:18:25 | 5.99 |
| 203 | 34 | Bestová Martina | | 1995 | Krmelín | 00:32:03 | 00:18:25 | 5.99 |
| 204 | 1284 | Petrželková Klára | | 1998 | | 00:32:13 | 00:18:35 | 5.96 |
| 205 | 884 | Preinová Kateřina | | 1988 | Šenov | 00:32:28 | 00:18:50 | 5.91 |
| 206 | 463 | Vichová Niki | | 1997 | Ostrava (Horalové a blázni) | 00:32:35 | 00:18:57 | 5.89 |
| 207 | 101 | Knyblová Alena | | 1994 | Vratimov (MaDr) | 00:32:48 | 00:19:10 | 5.85 |
| 208 | 99 | Knyblová Hana | | 1991 | Vratimov (MaDr) | 00:32:48 | 00:19:10 | 5.85 |
| 209 | 114 | Procházková Lucie | | 1987 | Ostrava (Yarda) | 00:32:55 | 00:19:17 | 5.83 |
| 210 | 42 | Stohelová Nikol | | 1990 | Ostrava (DogLovers) | 00:32:58 | 00:19:20 | 5.82 |
| 211 | 10 | Kolářiková Kristýna | | 1992 | Ostrava-Poruba | 00:33:27 | 00:19:49 | 5.74 |
| 212 | 49 | Slischková Silvie | | 1987 | Ostrava | 00:34:46 | 00:21:08 | 5.52 |
| 213 | 128 | Sýkorová Michaela | | 1990 | Ostrava (Klub opeřenců Ostrava) | 00:34:46 | 00:21:08 | 5.52 |
| 214 | 588 | Vašková Kristýna | | 1989 | Ostrava (CSSO :-)) | 00:35:16 | 00:21:38 | 5.44 |
| 215 | 745 | Meichsnerová Anna | | 1993 | Ostrava | 00:35:42 | 00:22:04 | 5.38 |
| 216 | 746 | Krejčí Barbora | | 1990 | Ostrava | 00:35:42 | 00:22:04 | 5.38 |
| 217 | 54 | Smajdorová Tereza | | 1990 | Ostrava | 00:36:19 | 00:22:41 | 5.29 |
| 218 | 133 | Šiserová Jana | | 1990 | Ostrava (Suicide Squad) | 00:37:15 | 00:23:37 | 5.15 |
| 219 | 93 | Kulpová Terka | | 1991 | Ostrava (Bezva holky) | 00:38:49 | 00:25:11 | 4.95 |
| 220 | 76 | Vandrolová Magda | | 1988 | Vratimov | 00:39:45 | 00:26:07 | 4.83 |
| 221 | 31 | Petanová Radana | | 1986 | Ostrava (Parta Tým) | 00:40:57 | 00:27:19 | 4.69 |
| 222 | 109 | Jaskulová Petra | | 1988 | Ostrava | 00:40:58 | 00:27:20 | 4.69 |
| 223 | 74 | Vlčková Tereza | | 1988 | Světlá nad Sázavou (Team JODA) | 00:48:07 | 00:34:29 | 3.99 |
| 224 | 20 | Kubátová Markéta | | 1991 | Ostrava (Nosíme děti v Ostravě) | 00:56:08 | 00:42:30 | 3.42 |
| | 1212 | Ambrožová Zuzana | | 1985 | Luboměř | --- | | |
| | 364 | AMZLEROVÁ IVANA | | 1996 | FRÝDEK-MÍSTEK (FERRIT) | --- | | |
| | 611 | Balická Eva | | 1986 | Hostašovice | --- | | |
| | 640 | Bestová Barbora | | 1994 | Krmelín | --- | | |
| | 1279 | Bestová Monika | | 1992 | | --- | | |
| | 7 | Brázdilová Hana | | 1999 | Ostrava | --- | | |
| | 813 | Brožková Zuzka | | 1992 | Ostrava Poruba | --- | | |
| | 113 | Cintlerova Lucie | | 1986 | Metylovice | --- | | |
| | 115 | Červíková Lucie | | 1986 | Jablunkov (Jablunkov) | --- | | |
| | 15 | Dědková Kristýna | | 1994 | Prostějov | --- | | |
| | 783 | Dlouhá Veronika | | 1992 | Havířov | --- | | |
| | 292 | Dočkalová Tereza | | 1988 | Ostrava (ASUS) | --- | | |
| | 995 | Exnarová Petra | | 1992 | Vansdorf (Zubničky) | --- | | |
| | 47 | Gežová Jana | | 1988 | Metylovice 222 | --- | | |
| | 615 | Hoďáková Veronika | | 1997 | Nový Jičín | --- | | |
| | 1053 | JUROŠKOVÁ Lenka | | 1987 | OSTRAVA-PORUBA | --- | | |
| | 1157 | Krytínářová Kateřina | | 1990 | Ostrava | --- | | |
| | 735 | Nešpor Levová Iveta | | 1986 | Frýdek-Místek (#Marřtani) | --- | | |

Starobělské ludy

3,2 km

Ženy do 34 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|-----|--------------------|------|------|----------------------------------|-------|--------|------|
| | 934 | Ochránková Aneta | | 1993 | Brno (BoKolobka Tým Ostrava) | --- | | |
| | 363 | OSTRUŠKOVÁ ZUZANA | | 1993 | FRÝDEK-MÍSTEK (FERRIT) | --- | | |
| | 258 | Pásztorová Pavlína | | 1988 | Štítina (Tvrdé játra) | --- | | |
| | 620 | Podešvova Nikol | | 1999 | Ostrava-Poruba | --- | | |
| | 869 | Polamová Martina | | 1996 | Ostrava (BoliTo) | --- | | |
| | 323 | Šimonová Veronika | | 1999 | Ostrava | --- | | |
| | 608 | ULCAKOVA Ivka | | 1990 | Frýdek Místek (MT Frýdek Místek) | --- | | |
| | 296 | Veličková Petra | | 1991 | Ostravice | --- | | |
| | 195 | Wágnerová Nela | | 1986 | Ostrava-Poruba | --- | | |
| | 158 | Wágnerová Nela | | 1986 | Ostrava Poruba (Ostrava) | --- | | |
| | 913 | Walachová Nela | | 1994 | Ostrava (Mushing team Ostrava) | --- | | |
| | 96 | Walderová Leona | | 1987 | Klimkovice | --- | | |

Ženy 35-44 let

Bělský les

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| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|---------------------|------|------|--------------------------------------|----------|----------|-------|
| 1 | 386 | Zbořilová Ivana | | 1982 | Šenov (BK SAK Karviná) | 00:16:06 | | 11.93 |
| 2 | 963 | Odehnalová Lucie | | 1981 | | 00:16:31 | 00:00:25 | 11.62 |
| 3 | 673 | Giergielová Markéta | | 1979 | Hukvaldy (SKIBIKECENTRUM.CZ team) | 00:16:37 | 00:00:31 | 11.55 |
| 4 | 350 | Wimmerová Eva | | 1982 | Ostrava (Prvá a druhý) | 00:16:39 | 00:00:33 | 11.53 |
| 5 | 9 | Kondasová Iva | | 1978 | Ostrava (MK Seitl Ostrava) | 00:17:10 | 00:01:04 | 11.18 |
| 6 | 441 | Rovňaník Jana | | 1980 | Opava (mamky na útěku) | 00:17:11 | 00:01:05 | 11.17 |
| 7 | 785 | Varkočková Pavla | | 1978 | Havířov - Podlesí | 00:17:20 | 00:01:14 | 11.08 |
| 8 | 661 | Knapová Aneta | | 1982 | Ostrava | 00:17:27 | 00:01:21 | 11.00 |
| 9 | 84 | Galiová Inge | | 1980 | Petrovice u Karviné (Stg Karviná) | 00:17:27 | 00:01:21 | 11.00 |
| 10 | 23 | Čípová Martina | | 1979 | Ostrava (Ostrava) | 00:17:28 | 00:01:22 | 10.99 |
| 11 | 1042 | Hiblerová Martina | | 1983 | Ostrava-Pustkovec (Hasiči Pustkovec) | 00:17:46 | 00:01:40 | 10.81 |
| 12 | 876 | Beinhauerova Lenka | | 1976 | Opava | 00:17:53 | 00:01:47 | 10.74 |
| 13 | 696 | Jurajdová Lenka | | 1975 | Ostrava-Zábřeh (Běžci sobě) | 00:17:57 | 00:01:51 | 10.70 |
| 14 | 276 | Piechurová Petra | | 1980 | Vratimov (ASUS) | 00:18:06 | 00:02:00 | 10.61 |
| 15 | 63 | Horáčková Vladimíra | | 1977 | Ostrava (SKOB Ostrava) | 00:18:20 | 00:02:14 | 10.47 |
| 16 | 14 | Dávidíková Pavlína | | 1979 | Ostrava (SK ČERNÉ PLÍCE) | 00:18:42 | 00:02:36 | 10.27 |
| 17 | 328 | Tomčíková Jarmila | | 1976 | Nový Jičín (RNJ) | 00:18:47 | 00:02:41 | 10.22 |
| 18 | 120 | Moravcová Gabriela | | 1976 | Opava (STG Opava) | 00:18:50 | 00:02:44 | 10.19 |
| 19 | 140 | Varyšová Jana | | 1981 | Opava | 00:18:53 | 00:02:47 | 10.17 |
| 20 | 381 | Plesikova Kristyna | | 1980 | Napajedla (NapaBaby) | 00:19:03 | 00:02:57 | 10.08 |
| 21 | 196 | Kovalská Bohdana | | 1977 | Ostrava (Prostě běž Ostrava) | 00:19:06 | 00:03:00 | 10.05 |
| 22 | 138 | Suchanová Kája | | 1975 | Ostrava Zábřeh | 00:19:06 | 00:03:00 | 10.05 |
| 23 | 764 | Maňková Michaela | | 1983 | Ostrava ((Běžci sobě) Ostrava) | 00:19:06 | 00:03:00 | 10.05 |
| 24 | 1075 | Hrušková Zdeňka | | 1979 | Melč | 00:19:14 | 00:03:08 | 9.98 |
| 25 | 1007 | Nouzovská Radka | | 1975 | Český Těšín (ToMiRaDi) | 00:19:17 | 00:03:11 | 9.96 |
| 26 | 1190 | Javurkova Petra | | 1983 | Krmelín (Mushing team Ostrava) | 00:19:18 | 00:03:12 | 9.95 |
| 27 | 689 | Kubajurová Ivana | | 1975 | Ostrava (FKSTB MŽA) | 00:19:33 | 00:03:27 | 9.82 |
| 28 | 1091 | Honzová Petra | | 1984 | Orlová (Šneci v běhu) | 00:19:34 | 00:03:28 | 9.81 |
| 29 | 458 | Šamšulova Zdeňka | | 1979 | Český Těšín | 00:19:39 | 00:03:33 | 9.77 |
| 30 | 273 | Arabášová Hana | | 1976 | Ostrava-Bělský Les (ASUS) | 00:19:45 | 00:03:39 | 9.72 |
| 31 | 262 | Čechová Lenka | | 1982 | Havířov | 00:19:50 | 00:03:44 | 9.68 |
| 32 | 68 | Plachá Veronika | | 1978 | Frýdek-Místek | 00:19:50 | 00:03:44 | 9.68 |
| 33 | 562 | Halfarová Žaneta | | 1976 | Darkovice (Darkovice) | 00:19:53 | 00:03:47 | 9.66 |
| 34 | 760 | Havlová Denisa | | 1977 | Příbor | 00:19:53 | 00:03:47 | 9.66 |
| 35 | 1243 | VÁGNER GABRIELA | | 1983 | Morávka | 00:19:57 | 00:03:51 | 9.62 |
| 36 | 228 | Fabianová Jana | | 1978 | Ostrava | 00:20:00 | 00:03:54 | 9.60 |

Starobělské ludy

Ženy 35-44 let

3,2 km
Bělský les 10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|---------------------|------|------|---------------------------------|----------|----------|------|
| 37 | 574 | Phol Radka | | 1978 | Ostrava | 00:20:01 | 00:03:55 | 9.59 |
| 38 | 104 | Kučerová Marcela | | 1978 | Ostrava (Majda tým) | 00:20:02 | 00:03:56 | 9.58 |
| 39 | 1037 | foltova monika | | 1977 | Valasske mezirici | 00:20:02 | 00:03:56 | 9.58 |
| 40 | 790 | Kaiserová Petra | | 1983 | Ostrava | 00:20:08 | 00:04:02 | 9.54 |
| 41 | 111 | Krausová Karla | | 1978 | Petřvald (Ubrečené Princezny) | 00:20:09 | 00:04:03 | 9.53 |
| 42 | 832 | Košárková Mirka | | 1983 | Ostrava | 00:20:09 | 00:04:03 | 9.53 |
| 43 | 92 | Tobolová Renata | | 1983 | Ostrava Zábřeh | 00:20:27 | 00:04:21 | 9.39 |
| 44 | 55 | Lapčíková Silvie | | 1980 | Polešovice | 00:20:30 | 00:04:24 | 9.37 |
| 45 | 525 | Hrazděrová Jitka | | 1975 | Ostrava | 00:20:35 | 00:04:29 | 9.33 |
| 46 | 762 | Krečmerová Kateřina | | 1984 | Třinec | 00:20:38 | 00:04:32 | 9.31 |
| 47 | 1152 | Domeny Olga | | 1977 | Raškovice (Hyundai Team) | 00:20:40 | 00:04:34 | 9.29 |
| 48 | 977 | Kousalová Alena | | 1978 | Havířov-Šumbark | 00:20:42 | 00:04:36 | 9.28 |
| 49 | 232 | Koczyová Irena | | 1983 | Ostrava - Poruba | 00:20:43 | 00:04:37 | 9.27 |
| 50 | 657 | Figarová Lucie | | 1977 | Příbor | 00:20:46 | 00:04:40 | 9.25 |
| 51 | 1181 | Zálesná Renata | | 1979 | Ostrava | 00:20:52 | 00:04:46 | 9.20 |
| 52 | 514 | Bortlíčková Beata | | 1984 | Ostrava | 00:20:55 | 00:04:49 | 9.18 |
| 53 | 189 | Pospíšilová Blanka | | 1982 | Ostrava | 00:21:09 | 00:05:03 | 9.08 |
| 54 | 280 | Foltýnová Šárka | | 1978 | Ostrava-Poruba (ASUS) | 00:21:13 | 00:05:07 | 9.05 |
| 55 | 362 | OCHMANOVÁ BARBORA | | 1977 | FRÝDEK-MÍSTEK (FERRIT) | 00:21:26 | 00:05:20 | 8.96 |
| 56 | 891 | Hermannová Pavla | | 1982 | Horní Suchá (Hyundai Team) | 00:21:28 | 00:05:22 | 8.94 |
| 57 | 361 | LEDNICKÁ LEONA | | 1981 | FRÝDEK-MÍSTEK (FERRIT) | 00:21:33 | 00:05:27 | 8.91 |
| 58 | 308 | Sýkorová Tereza | | 1984 | Stará Ves nad Ondřejnicí | 00:21:38 | 00:05:32 | 8.88 |
| 59 | 271 | Martausová Věra | | 1980 | Ostrava-Hrabůvka (ASUS) | 00:21:38 | 00:05:32 | 8.88 |
| 60 | 357 | Němcová Jana | | 1978 | Ostrava | 00:21:41 | 00:05:35 | 8.85 |
| 61 | 1107 | Onderková Ema | | 1981 | Metylovice (Prostě běž Ostrava) | 00:21:42 | 00:05:36 | 8.85 |
| 62 | 368 | Pavlorková Kateřina | | 1977 | Ostrava | 00:21:45 | 00:05:39 | 8.83 |
| 63 | 1288 | Peštová Petra | | 1975 | | 00:21:47 | 00:05:41 | 8.81 |
| 64 | 430 | Běhunčíková Lenka | | 1981 | Ostrava | 00:21:48 | 00:05:42 | 8.81 |
| 65 | 327 | Chodurová Hana | | 1978 | Opava (Prostě běž) | 00:21:51 | 00:05:45 | 8.79 |
| 66 | 315 | Nečasová Kateřina | | 1977 | Havířov (SRTG Havířov) | 00:21:52 | 00:05:46 | 8.78 |
| 67 | 1251 | Kaločová Markéta | | 1978 | Ostrava-Hrabůvka (Prostě běž) | 00:21:56 | 00:05:50 | 8.75 |
| 68 | 767 | ŠMÍDOVÁ Kristýna | | 1983 | Ostrava | 00:21:56 | 00:05:50 | 8.75 |
| 69 | 1262 | danielis katarina | | 1981 | Bratislava (Hyundai Team) | 00:21:58 | 00:05:52 | 8.74 |
| 70 | 971 | Šnaurová Irena | | 1975 | Ostrava | 00:22:00 | 00:05:54 | 8.73 |
| 71 | 446 | Blahutová Pavla | | 1977 | Baška | 00:22:02 | 00:05:56 | 8.71 |
| 72 | 480 | Maturová Marcela | | 1979 | Ostrava (Ostrava) | 00:22:03 | 00:05:57 | 8.71 |
| 73 | 418 | Radová Markéta | | 1982 | Ostrava | 00:22:03 | 00:05:57 | 8.71 |
| 74 | 355 | Janštová Anna | | 1979 | Ostrava | 00:22:05 | 00:05:59 | 8.69 |
| 75 | 1143 | Bílková Zuzana | | 1979 | Vřesina | 00:22:09 | 00:06:03 | 8.67 |
| 76 | 37 | Kroutilová Petra | | 1976 | Lipník nad Bečvou | 00:22:11 | 00:06:05 | 8.66 |
| 77 | 447 | Bradáčová Markéta | | 1984 | Vratimov | 00:22:13 | 00:06:07 | 8.64 |
| 78 | 502 | Ulčáková Radka | | 1977 | Frýdek-Místek | 00:22:15 | 00:06:09 | 8.63 |
| 79 | 448 | Pešatová Lucie | | 1981 | Ostrava | 00:22:15 | 00:06:09 | 8.63 |
| 80 | 415 | Švecová Petra | | 1981 | Frýdek Místek (Zumba) | 00:22:19 | 00:06:13 | 8.60 |
| 81 | 43 | Kňapová Dana | | 1982 | Milovice | 00:22:19 | 00:06:13 | 8.60 |
| 82 | 578 | Kejřova Iveta | | 1975 | Moravská Ostrava | 00:22:27 | 00:06:21 | 8.55 |
| 83 | 1218 | Malinová Martina | | 1975 | Ostrava (fitcentrum Assen) | 00:22:30 | 00:06:24 | 8.53 |
| 84 | 78 | Kunčická Kateřina | | 1983 | Albrechtice | 00:22:44 | 00:06:38 | 8.45 |
| 85 | 572 | Hrabovská Lenka | | 1977 | Ostrava (Čertíci) | 00:22:46 | 00:06:40 | 8.43 |
| 86 | 365 | ŠIŠTÍKOVÁ PETRA | | 1982 | STARÉ MĚSTO (FERRIT) | 00:22:47 | 00:06:41 | 8.43 |

Starobělské ludy

3,2 km

Ženy 35-44 let

Bělský les

10.11.2019

| POR. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|----------------------------|------|------|-----------------------------------|----------|----------|------|
| 87 | 984 | Kašpárková Andrea | | 1975 | Opava | 00:22:47 | 00:06:41 | 8.43 |
| 88 | 947 | Tichá Miloslava | | 1977 | Řepiště (Řepiště) | 00:22:49 | 00:06:43 | 8.41 |
| 89 | 181 | Sekerová Kamila | | 1979 | Šenov u Ostravy | 00:22:51 | 00:06:45 | 8.40 |
| 90 | 703 | Novotná Karin | | 1978 | Třinec (Třinec) | 00:22:51 | 00:06:45 | 8.40 |
| 91 | 644 | Collenova Jana | | 1977 | Ostrava - Moravská Ostrava | 00:22:53 | 00:06:47 | 8.39 |
| 92 | 825 | Pniáčková Michaela | | 1978 | Havířov (Báječné ženy v běhu) | 00:23:06 | 00:07:00 | 8.31 |
| 93 | 175 | Krůzová Bohuslava | | 1978 | Ostrava | 00:23:09 | 00:07:03 | 8.29 |
| 94 | 618 | Mrázková Zdeňka | | 1979 | Ostrava Svinov | 00:23:12 | 00:07:06 | 8.28 |
| 95 | 351 | Vidličková Petra | | 1979 | Ostrava (Vidličky a nože) | 00:23:13 | 00:07:07 | 8.27 |
| 96 | 828 | Foretnikova Lenka | | 1980 | Ostrava | 00:23:21 | 00:07:15 | 8.22 |
| 97 | 1147 | Žárská Simona | | 1975 | Ostrava | 00:23:22 | 00:07:16 | 8.22 |
| 98 | 141 | Marková Nikola | | 1980 | Petřvald | 00:23:22 | 00:07:16 | 8.22 |
| 99 | 72 | Radoňová Kateřina | | 1984 | Havířov (GiroMio) | 00:23:24 | 00:07:18 | 8.21 |
| 100 | 631 | Moricová Lucie | | 1984 | Závišice | 00:23:30 | 00:07:24 | 8.17 |
| 101 | 526 | Mališová Martina | | 1978 | Ostrava | 00:23:34 | 00:07:28 | 8.15 |
| 102 | 1189 | Seidlerova Karolina | | 1976 | Příbor (Hyundai team) | 00:23:40 | 00:07:34 | 8.11 |
| 103 | 1132 | Slovakova Vendula | | 1983 | Ostrava | 00:23:44 | 00:07:38 | 8.09 |
| 104 | 99 | Juránková Petra | | 1977 | Ostrava (Ju Jitsu Frydek-Mistek) | 00:23:45 | 00:07:39 | 8.08 |
| 105 | 148 | Grünbergerová Simona | | 1979 | Vratimov-Horní Datyně (DRYM TYM) | 00:23:46 | 00:07:40 | 8.08 |
| 106 | 289 | Nováková Renáta | | 1975 | Ostrava-Hrabová (ASUS) | 00:23:46 | 00:07:40 | 8.08 |
| 107 | 849 | Novotná Renata | | 1976 | Přerov | 00:23:46 | 00:07:40 | 8.08 |
| 108 | 422 | Waldrová Marta | | 1976 | Vratimov | 00:23:53 | 00:07:47 | 8.04 |
| 109 | 877 | Spáčilová Veronika | | 1976 | Ostrava | 00:23:54 | 00:07:48 | 8.03 |
| 110 | 145 | Makovcová Marcela | | 1977 | Ostrava (ZaBeer) | 00:23:54 | 00:07:48 | 8.03 |
| 111 | 571 | Hořinková Petra | | 1976 | Ostrava (Čertíci) | 00:24:01 | 00:07:55 | 7.99 |
| 112 | 826 | Holeksa Halka | | 1975 | Albrechtice (báječné ženy v běhu) | 00:24:01 | 00:07:55 | 7.99 |
| 113 | 457 | Lisnikova Arlena | | 1977 | Mokré Lazce | 00:24:01 | 00:07:55 | 7.99 |
| 114 | 159 | Fuková Karina | | 1980 | Havířov | 00:24:03 | 00:07:57 | 7.98 |
| 115 | 851 | Gřešková Kateřina | | 1976 | Ostrava | 00:24:04 | 00:07:58 | 7.98 |
| 116 | 784 | Sibinská Petra | | 1983 | Ostrava | 00:24:05 | 00:07:59 | 7.97 |
| 117 | 1200 | Tudíková Kateřina | | 1978 | Ostrava Poruba | 00:24:07 | 00:08:01 | 7.96 |
| 118 | 647 | Wagnerová Tereza | | 1979 | Ostrava | 00:24:20 | 00:08:14 | 7.89 |
| 119 | 54 | Kněžíková Jarka | | 1977 | Dětmarovice (Šneci v běhu) | 00:24:20 | 00:08:14 | 7.89 |
| 120 | 128 | Trojková Ivona | | 1979 | Krmelín (Šneci v běhu) | 00:24:26 | 00:08:20 | 7.86 |
| 121 | 587 | Trčková Iva | | 1978 | Rychvald | 00:24:30 | 00:08:24 | 7.84 |
| 122 | 1085 | Randulová Ingrid | | 1982 | Ostrava | 00:24:32 | 00:08:26 | 7.83 |
| 123 | 666 | Mikulová Kateřina | | 1975 | Nový Jičín (Nový Jičín) | 00:24:34 | 00:08:28 | 7.82 |
| 124 | 567 | Kovářová Eva | | 1975 | Ostrava (Čertíci) | 00:24:40 | 00:08:34 | 7.78 |
| 125 | 1215 | Jeřábková Pavlína | | 1980 | Ostrava | 00:24:53 | 00:08:47 | 7.72 |
| 126 | 1114 | Blašítk Kuzníková Gabriela | | 1979 | Ostrava - Mar. Hory | 00:24:54 | 00:08:48 | 7.71 |
| 127 | 492 | Bugdlová Eva | | 1982 | Bohumín | 00:25:01 | 00:08:55 | 7.67 |
| 128 | 524 | Vozníková Pavla | | 1976 | Ostrava | 00:25:01 | 00:08:55 | 7.67 |
| 129 | 318 | Marčíková Dagmar | | 1976 | Žlutava (Napababy) | 00:25:01 | 00:08:55 | 7.67 |
| 130 | 954 | Svobodová Markéta | | 1982 | Zlín | 00:25:04 | 00:08:58 | 7.66 |
| 131 | 440 | Nevludová Marcela | | 1979 | Stará Ves nad Ondřejnicí | 00:25:06 | 00:09:00 | 7.65 |
| 132 | 621 | Reková Gabriela | | 1976 | Ostrava | 00:25:09 | 00:09:03 | 7.63 |
| 133 | 965 | Šamšulová Slávka | | 1976 | Třinec | 00:25:10 | 00:09:04 | 7.63 |
| 134 | 1028 | Richtárová Lucka | | 1978 | Slatina (Slaninky) | 00:25:15 | 00:09:09 | 7.60 |
| 135 | 833 | Nemethova Dita | | 1976 | Ostrava | 00:25:17 | 00:09:11 | 7.59 |
| 136 | 234 | Burianová Zuzana | | 1976 | Kroměříž (ICE team) | 00:25:17 | 00:09:11 | 7.59 |

Starobělské ludy

3,2 km

Ženy 35-44 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|------------------------|------|------|---|----------|----------|------|
| 137 | 822 | Sikorová .:Luciferda.: | | 1982 | Frydlant nad Ostravicí (Standardní tlupa) | 00:25:20 | 00:09:14 | 7.58 |
| 138 | 434 | Svobodová Zuzana | | 1979 | Ostrava 30 (Svobodačky) | 00:25:22 | 00:09:16 | 7.57 |
| 139 | 370 | Stavinohová Zuzana | | 1976 | Ostrava (Prostě Běž Ostrava) | 00:25:27 | 00:09:21 | 7.54 |
| 140 | 369 | Dyntarová Eva | | 1979 | Ostrava (Prostě Běž Ostrava) | 00:25:27 | 00:09:21 | 7.54 |
| 141 | 815 | Ruskova Pavla | | 1982 | Velká Polom | 00:25:29 | 00:09:23 | 7.53 |
| 142 | 816 | Sládkova Hana | | 1979 | Havířov | 00:25:30 | 00:09:24 | 7.53 |
| 143 | 83 | Kuczmanová Ivana | | 1976 | Ostrava | 00:25:30 | 00:09:24 | 7.53 |
| 144 | 305 | Laburdová Lenka | | 1983 | Kobeřice (SLIPKA GYM) | 00:25:32 | 00:09:26 | 7.52 |
| 145 | 1095 | Wernerová Olga | | 1977 | Oldřišov | 00:25:33 | 00:09:27 | 7.51 |
| 146 | 632 | Stokesová Lucie | | 1978 | Ostrava | 00:25:35 | 00:09:29 | 7.50 |
| 147 | 1248 | Krčmářová Kateřina | | 1984 | Ostrava 23 (Kača) | 00:25:42 | 00:09:36 | 7.47 |
| 148 | 967 | Kejlova Hana | | 1984 | Ostrava | 00:25:42 | 00:09:36 | 7.47 |
| 149 | 414 | Janošova Erika | | 1980 | Frydek (Zumba) | 00:25:46 | 00:09:40 | 7.45 |
| 150 | 712 | Pechová Jana | | 1981 | Krnov | 00:25:48 | 00:09:42 | 7.44 |
| 151 | 28 | Lučanová Šárka | | 1983 | Ostrava Zábřeh (Ostrava) | 00:25:54 | 00:09:48 | 7.41 |
| 152 | 738 | Martiníková Kateřina | | 1983 | Ostrava (Sexuální divoši) | 00:25:58 | 00:09:52 | 7.39 |
| 153 | 214 | Slížová Jana | | 1977 | Ostrava (FC B7 TÝM!!!) | 00:26:00 | 00:09:54 | 7.38 |
| 154 | 582 | Pajorková Ludmila | | 1982 | Orlová Lutyně | 00:26:03 | 00:09:57 | 7.37 |
| 155 | 559 | Žáková Monika | | 1978 | Orlová Lutyně | 00:26:03 | 00:09:57 | 7.37 |
| 156 | 629 | Pospíšilová Blanka | | 1982 | Frydek-Místek (Holky v pohybu) | 00:26:07 | 00:10:01 | 7.35 |
| 157 | 80 | Figielová Veronika | | 1984 | Ostrava | 00:26:07 | 00:10:01 | 7.35 |
| 158 | 469 | Jamaričková Pavlína | | 1978 | Bohumín | 00:26:21 | 00:10:15 | 7.29 |
| 159 | 1213 | Solarova Lenka | | 1980 | Bystřice pod Hostýnem (Beskydští Pacoši) | 00:26:21 | 00:10:15 | 7.29 |
| 160 | 1086 | Pfeffer Iva | | 1977 | Ostrava (Kupahrej.cz) | 00:26:28 | 00:10:22 | 7.25 |
| 161 | 897 | Chorzepová Eva | | 1975 | Ostrava (Beskydští Pacoši) | 00:26:34 | 00:10:28 | 7.23 |
| 162 | 86 | Kubíčková Denisa | | 1977 | Ostrava | 00:26:36 | 00:10:30 | 7.22 |
| 163 | 1222 | Konečná Lucie | | 1983 | Ostrava | 00:26:36 | 00:10:30 | 7.22 |
| 164 | 996 | Hýlová Lucie | | 1980 | Stará Ves nad Ondřejnicí (Zubničky) | 00:26:37 | 00:10:31 | 7.21 |
| 165 | 316 | Těšetíková Nikola | | 1984 | Havířov | 00:26:45 | 00:10:39 | 7.18 |
| 166 | 1097 | Mrůzková Lucie | | 1975 | Ostrava | 00:27:09 | 00:11:03 | 7.07 |
| 167 | 112 | Molendová Martina | | 1975 | Frydek-Místek | 00:28:06 | 00:12:00 | 6.83 |
| 168 | 371 | Vavrová Kateřina | | 1979 | Ostrava Stará Bělá | 00:28:06 | 00:12:00 | 6.83 |
| 169 | 192 | Plintová Dana | | 1982 | Šenov | 00:28:10 | 00:12:04 | 6.82 |
| 170 | 834 | Holátková Brigita | | 1978 | Ostrava | 00:28:21 | 00:12:15 | 6.77 |
| 171 | 642 | Kotasová Pavlína | | 1975 | Smilovice (kotaSOVY) | 00:28:28 | 00:12:22 | 6.74 |
| 172 | 310 | Muchová Michaela | | 1979 | Mosty u Jabkunkova | 00:28:31 | 00:12:25 | 6.73 |
| 173 | 67 | Mohylová Soňa | | 1976 | Frydek-Místek (Mohyláci) | 00:28:33 | 00:12:27 | 6.73 |
| 174 | 706 | Razzková Katka | | 1976 | Třinec | 00:28:41 | 00:12:35 | 6.69 |
| 175 | 994 | Holušová Hana | | 1980 | Ústí nad Orlicí (4run) | 00:29:06 | 00:13:00 | 6.60 |
| 176 | 27 | Kochová Gabriela | | 1977 | Ludgeřovice | 00:29:13 | 00:13:07 | 6.57 |
| 177 | 875 | Zwingrová Eva | | 1983 | Opava (Báječné ženy v běhu) | 00:29:21 | 00:13:15 | 6.54 |
| 178 | 4 | Klímková Michaela | | 1982 | Opava (aktivní maminka) | 00:29:41 | 00:13:35 | 6.47 |
| 179 | 268 | Strejšková Adéla | | 1984 | Ostrava | 00:29:45 | 00:13:39 | 6.45 |
| 180 | 609 | Duchatschová Veronika | | 1978 | Ostrava | 00:29:49 | 00:13:43 | 6.44 |
| 181 | 354 | Samkova Jana | | 1976 | Ostrava (Prostě běž Ostrava) | 00:30:11 | 00:14:05 | 6.36 |
| 182 | 853 | Sliacka Martina | | 1978 | Havířov | 00:30:22 | 00:14:16 | 6.32 |
| 183 | 123 | Kaštovská Katka | | 1981 | Ostrava | 00:30:45 | 00:14:39 | 6.24 |
| 184 | 201 | Marszalková Lenka | | 1979 | Třinec | 00:30:52 | 00:14:46 | 6.22 |
| 185 | 904 | Stryjová Linda | | 1979 | Praha | 00:31:05 | 00:14:59 | 6.18 |
| 186 | 18 | Pagáčová Martina | | 1981 | Ostrava (triple team) | 00:31:12 | 00:15:06 | 6.15 |

Starobělské lurdy

3,2 km

Ženy 35-44 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|----------------------|------|------|------------------------------------|----------|----------|------|
| 187 | 652 | Langerová Martina | | 1979 | Ostrava Poruba (Starobělské lurdy) | 00:31:38 | 00:15:32 | 6.07 |
| 188 | 82 | Kalužová Andrea | | 1979 | Ostrava (Rychlí slévači) | 00:31:38 | 00:15:32 | 6.07 |
| 189 | 829 | Frischerová Lucie | | 1977 | Ostrava | 00:31:47 | 00:15:41 | 6.04 |
| 190 | 1283 | Petrželková Gabriela | | 1975 | | 00:32:12 | 00:16:06 | 5.96 |
| 191 | 178 | Slováková Katka | | 1975 | Ostrava | 00:32:13 | 00:16:07 | 5.96 |
| 192 | 1120 | Milatová Lucie | | 1982 | Frydek-Místek (Hyundai Team) | 00:32:13 | 00:16:07 | 5.96 |
| 193 | 55 | Hliseniková Pavla | | 1978 | Frydek-Místek | 00:32:50 | 00:16:44 | 5.85 |
| 194 | 77 | Takáčová Jana | | 1981 | Ostrava Hrabuvka | 00:32:50 | 00:16:44 | 5.85 |
| 195 | 507 | Hlavicová Lucie | | 1978 | Ostrava (Hlavy) | 00:33:04 | 00:16:58 | 5.81 |
| 196 | 104 | Rašková Šárka | | 1975 | Frenštát p.R. | 00:33:42 | 00:17:36 | 5.70 |
| 197 | 4 | Veldamonová Marta | | 1975 | Příbor | 00:33:44 | 00:17:38 | 5.69 |
| 198 | 1186 | Fousková Marie | | 1977 | Valy u Přelouče (Fousci) | 00:33:51 | 00:17:45 | 5.67 |
| 199 | 69 | Bednářová Gabriela | | 1975 | Ostrava | 00:34:50 | 00:18:44 | 5.51 |
| 200 | 19 | Rudolová Kateřina | | 1976 | Děhylov | 00:35:05 | 00:18:59 | 5.47 |
| 201 | 88 | Hrdá Hana | | 1981 | Ostrava (Rychlí slévači) | 00:35:19 | 00:19:13 | 5.44 |
| 202 | 62 | Krainová Iva | | 1978 | Karviná (Šneci v běhu) | 00:35:21 | 00:19:15 | 5.43 |
| 203 | 65 | Kačmaříková Petra | | 1981 | Děhylov | 00:35:55 | 00:19:49 | 5.35 |
| 204 | 123 | Maretková Nikol | | 1977 | Ostrava | 00:36:58 | 00:20:52 | 5.19 |
| 205 | 92 | Jaklová Lenka | | 1976 | Ostrava (Prostě běž Ostrava) | 00:37:09 | 00:21:03 | 5.17 |
| 206 | 103 | Penčáková Lenka | | 1983 | Havířov | 00:37:51 | 00:21:45 | 5.07 |
| 207 | 94 | Jandová Šárka | | 1981 | Ostrava (Bezva holky) | 00:38:48 | 00:22:42 | 4.95 |
| 208 | 111 | Dubová Adéla | | 1980 | Bílovec | 00:39:53 | 00:23:47 | 4.81 |
| 209 | 107 | Tvardková Lenka | | 1984 | Ostrava | 00:40:59 | 00:24:53 | 4.68 |
| 210 | 591 | Volfová Romana | | 1980 | Kelč (Volfčata) | 00:41:15 | 00:25:09 | 4.65 |
| 211 | 58 | Urbancová Peťka | | 1981 | Ostrava (BO KOLOBKA!!!) | 00:42:45 | 00:26:39 | 4.49 |
| 212 | 29 | Dominiková Katka | | 1979 | Ostrava (BoKolobka) | 00:42:45 | 00:26:39 | 4.49 |
| 213 | 36 | Šodkova Petra | | 1977 | Ostrava (Bokolobka) | 00:42:54 | 00:26:48 | 4.48 |
| 1059 | | Bužgová Monika | | 1978 | Ostrava (Rychlí slévači) | --- | | |
| 649 | | Čejková Radka | | 1981 | Ostrava (Čejka team) | --- | | |
| 917 | | Dominiková Jana | | 1978 | Ostrava (Mushing team Ostrava) | --- | | |
| 616 | | Gvuzdová Kateřina | | 1981 | Orlová | --- | | |
| 570 | | Hrabovská Renáta | | 1980 | Ostrava (Čertíci) | --- | | |
| 416 | | Hrtánková Monika | | 1976 | Fryčovice | --- | | |
| 1136 | | Jeřábková Pavlína | | 1980 | Ostrava | --- | | |
| 748 | | Juřicová Kateřina | | 1980 | Havířov | --- | | |
| 1276 | | Kolínková Marcela | | 1976 | | --- | | |
| 127 | | Králová Martina | | 1982 | Ostrava | --- | | |
| 1175 | | Kubicusová Zuzana | | 1983 | Karviná | --- | | |
| 91 | | Miškovičová Radka | | 1976 | Orlová (Atletika Krnov) | --- | | |
| 70 | | Mrůzková Lucie | | 1975 | Opava | --- | | |
| 1229 | | Novotná Nikola | | 1980 | Ostrava (Suicide Squad) | --- | | |
| 44 | | Pavlíková Jitka | | 1975 | Bílovec (Bílovecké čiperky) | --- | | |
| 413 | | pokorna hana | | 1983 | Doksy (Šneci v běhu) | --- | | |
| 749 | | Pupalová Veronika | | 1983 | Dolní Domaslavice | --- | | |
| 1090 | | Rusková Pavla | | 1982 | Velká Polom | --- | | |
| 1089 | | Sládková Hana | | 1979 | Havířov | --- | | |
| 936 | | Šibinská Barbora | | 1984 | Ostrava | --- | | |
| 557 | | Špetíková Miroslava | | 1979 | Odry | --- | | |

Starobělské lurdy

3,2 km

Ženy 45-54 let

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|--------------------------|------|------|-----------------------------------|----------|----------|-------|
| 1 | 1287 | Podjuklová Iva | | 1974 | SK Hranice | 00:16:42 | | 11.50 |
| 2 | 622 | Hlaváčová Eva | | 1973 | Krnov | 00:16:55 | 00:00:13 | 11.35 |
| 3 | 830 | Vysocka Gabriela | | 1968 | Ostrava (Opavský sportovní klub) | 00:17:18 | 00:00:36 | 11.10 |
| 4 | 424 | WILLASCHKOVÁ HANA | | 1974 | VŘESINA (Vřesina) | 00:18:26 | 00:01:44 | 10.42 |
| 5 | 761 | Matlochová Lucie | | 1973 | Hlučín | 00:19:07 | 00:02:25 | 10.04 |
| 6 | 1183 | Smolínová Pavlína | | 1974 | Ostrava (běh pro radost) | 00:19:28 | 00:02:46 | 9.86 |
| 7 | 400 | Šimůnková Renáta | | 1974 | Ostrava (Ostrava) | 00:19:37 | 00:02:55 | 9.79 |
| 8 | 659 | Groplova Marcela | | 1971 | Ostrava | 00:19:41 | 00:02:59 | 9.75 |
| 9 | 1217 | Chromcová Jarmila | | 1968 | Frydek-Místek | 00:19:57 | 00:03:15 | 9.62 |
| 10 | 847 | Poláčková Ivana | | 1971 | Brušperk (STS Chvojkovice - Brod) | 00:20:02 | 00:03:20 | 9.58 |
| 11 | 868 | Polamová Šárka | | 1968 | Ostrava (BoliTo) | 00:20:03 | 00:03:21 | 9.58 |
| 12 | 173 | Rožanská Nikola Karolína | | 1974 | Krnov (Krnov) | 00:20:08 | 00:03:26 | 9.54 |
| 13 | 1043 | Laníková Lenka | | 1974 | Brušperk | 00:20:10 | 00:03:28 | 9.52 |
| 14 | 690 | Salzmanová Lucie | | 1973 | Ostrava (Friends) | 00:20:13 | 00:03:31 | 9.50 |
| 15 | 1123 | Balnarová Iveta | | 1969 | Ostrava | 00:20:24 | 00:03:42 | 9.41 |
| 16 | 11 | Čáповá Lada | | 1970 | Ostrava - Hrabůvka (SRTG Ostrava) | 00:20:25 | 00:03:43 | 9.40 |
| 17 | 397 | dorňáková Vladimíra | | 1967 | horní bečva | 00:20:25 | 00:03:43 | 9.40 |
| 18 | 1238 | Skaličková Bohdana | | 1972 | Opava (Tedíkova pěchota) | 00:20:29 | 00:03:47 | 9.37 |
| 19 | 1142 | Krátká Simona | | 1974 | Horní datyně | 00:20:29 | 00:03:47 | 9.37 |
| 20 | 866 | Čízová Andrea | | 1973 | Dětmarovice (BoliTo) | 00:20:35 | 00:03:53 | 9.33 |
| 21 | 772 | Káňová Lucie | | 1973 | Frydek-Místek (Dream Team) | 00:20:38 | 00:03:56 | 9.31 |
| 22 | 914 | Čuntová Markéta | | 1972 | Ostrava (Mushing team Ostrava) | 00:20:50 | 00:04:08 | 9.22 |
| 23 | 983 | Hříbková Kamila | | 1974 | Opava | 00:20:53 | 00:04:11 | 9.19 |
| 24 | 1056 | Bráblíková Kateřina | | 1974 | Ostrava (Rychlí slévači) | 00:20:57 | 00:04:15 | 9.16 |
| 25 | 1070 | Kučerová Jana | | 1965 | Ostrava (Ostrava) | 00:20:58 | 00:04:16 | 9.16 |
| 26 | 227 | Plemeníková Hana | | 1973 | Stará Bělá | 00:21:00 | 00:04:18 | 9.14 |
| 27 | 496 | Valoušková Zuzana | | 1974 | Ostrava (Ostrava) | 00:21:05 | 00:04:23 | 9.11 |
| 28 | 709 | Cebulová Kamila | | 1974 | Ostrava (Ostrava) | 00:21:13 | 00:04:31 | 9.05 |
| 29 | 946 | Porubová Radana | | 1974 | Ostrava (Ostrava) | 00:21:33 | 00:04:51 | 8.91 |
| 30 | 488 | Mokrá Dana | | 1966 | Havířov | 00:21:43 | 00:05:01 | 8.84 |
| 31 | 335 | Brtejová Hana | | 1972 | Napajedla (NAPABABY) | 00:21:45 | 00:05:03 | 8.83 |
| 32 | 317 | Volfová Radka | | 1974 | Havířov-město (STG Havířov) | 00:21:56 | 00:05:14 | 8.75 |
| 33 | 1054 | Brumovská Vladimíra | | 1966 | Ostrava | 00:21:56 | 00:05:14 | 8.75 |
| 34 | 210 | Riedlová Ilona | | 1973 | Klimkovice | 00:22:01 | 00:05:19 | 8.72 |
| 35 | 121 | Biskupová Vlasta | | 1972 | Vratimov | 00:22:07 | 00:05:25 | 8.68 |
| 36 | 35 | Kubíková Kamila | | 1968 | Ostrava | 00:22:20 | 00:05:38 | 8.60 |
| 37 | 402 | Turčeková Kateřina | | 1972 | Ostrava (Běžci sobě) | 00:22:29 | 00:05:47 | 8.54 |
| 38 | 972 | Turková Dagmar | | 1972 | Ostrava | 00:22:44 | 00:06:02 | 8.45 |
| 39 | 951 | Popieluchová Ivona | | 1974 | Frydek - Místek (Run2beFit) | 00:22:45 | 00:06:03 | 8.44 |
| 40 | 999 | Tomková Alena | | 1965 | Letovice (KUMPAČKA) | 00:22:50 | 00:06:08 | 8.41 |
| 41 | 520 | Slončíková Marie | | 1974 | Ostrava | 00:22:55 | 00:06:13 | 8.38 |
| 42 | 1249 | Štelclová Ludmila | | 1967 | Ostrava (SK Oceláci Ostrava) | 00:24:00 | 00:07:18 | 8.00 |
| 43 | 33 | Svačinová Věra | | 1968 | Dolní Lutyně | 00:24:07 | 00:07:25 | 7.96 |
| 44 | 385 | Burakowska Zdenka | | 1971 | Stará Bělá | 00:24:22 | 00:07:40 | 7.88 |
| 45 | 757 | Hrubá Lucie | | 1973 | Ostrava | 00:24:26 | 00:07:44 | 7.86 |
| 46 | 1074 | Jíšová Anna | | 1973 | Litultovice | 00:24:27 | 00:07:45 | 7.85 |
| 47 | 248 | Seberová Eva | | 1971 | Bohumín | 00:24:32 | 00:07:50 | 7.83 |
| 48 | 660 | Bulawová Kamila | | 1971 | Brušperk | 00:24:34 | 00:07:52 | 7.82 |
| 49 | 586 | Lindáková Daniela | | 1974 | Rychvald | 00:24:45 | 00:08:03 | 7.76 |
| 50 | 360 | HORÁKOVÁ KARLA | | 1969 | FRÝDEK-MÍSTEK (FERRIT) | 00:24:46 | 00:08:04 | 7.75 |

Starobělské lurdy

3,2 km

Ženy 45-54 let

Bělský les

10.11.2019

| POR. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-----------------------|------|------|--|----------|----------|------|
| 51 | 338 | Vycudíliková Veronika | | 1991 | Ostrava | 00:24:48 | 00:08:06 | 7.74 |
| 52 | 132 | Volná Veronika | | 1973 | Karviná (Suicide Squad) | 00:24:53 | 00:08:11 | 7.72 |
| 53 | 955 | Burdová Lenka | | 1966 | Ostrava - Výškovice (Prostě běž Ostrava) | 00:25:14 | 00:08:32 | 7.61 |
| 54 | 773 | Vrastyáková Jana | | 1974 | Baška (Dream Team) | 00:25:18 | 00:08:36 | 7.59 |
| 55 | 106 | Holušová Simona | | 1969 | Ostrava | 00:25:20 | 00:08:38 | 7.58 |
| 56 | 944 | Csernaiová Hana | | 1968 | Ostrava (Ostrava) | 00:25:35 | 00:08:53 | 7.50 |
| 57 | 48 | Kingová Šárka | | 1972 | Ostrava | 00:25:39 | 00:08:57 | 7.49 |
| 58 | 13 | Pušková Gabriela | | 1971 | Ostrava | 00:25:57 | 00:09:15 | 7.40 |
| 59 | 74 | Procházková Kamila | | 1973 | Ostrava | 00:26:20 | 00:09:38 | 7.29 |
| 60 | 382 | Ondrová Renáta | | 1973 | Napajedla (NapaBaby) | 00:26:27 | 00:09:45 | 7.26 |
| 61 | 774 | Kedroňová Libuše | | 1967 | Sviadnov (Dream Team) | 00:26:36 | 00:09:54 | 7.22 |
| 62 | 294 | Zarembová Iveta | | 1973 | Ostrava-Dubina (ASUS) | 00:26:44 | 00:10:02 | 7.18 |
| 63 | 184 | Vargová Marcela | | 1968 | Ostrava-Hrabůvka | 00:26:50 | 00:10:08 | 7.16 |
| 64 | 366 | Kubienová Monika | | 1972 | Havířov-Bludovice (Auto Kubiena tým) | 00:26:51 | 00:10:09 | 7.15 |
| 65 | 865 | Lysková Dagmar | | 1968 | Ostrava | 00:26:54 | 00:10:12 | 7.14 |
| 66 | 1060 | Řehová Martina | | 1969 | Ostrava (Rychlí slévači) | 00:27:18 | 00:10:36 | 7.03 |
| 67 | 540 | Babičová Markéta | | 1971 | Ostrava | 00:27:22 | 00:10:40 | 7.02 |
| 68 | 47 | Lysáková Iva | | 1971 | Ostrava | 00:27:37 | 00:10:55 | 6.95 |
| 69 | 445 | Stavinoňová Leona | | 1972 | Ostrava (Líné kůže) | 00:27:38 | 00:10:56 | 6.95 |
| 70 | 964 | Grzywačová Marcela | | 1967 | Ostrava | 00:27:42 | 00:11:00 | 6.93 |
| 71 | 663 | Szymoniková Bohdana | | 1974 | Ostrava | 00:28:40 | 00:11:58 | 6.70 |
| 72 | 25 | Kovalová Dagmar | | 1971 | Krnov (atletika Krnov) | 00:29:10 | 00:12:28 | 6.58 |
| 73 | 597 | Opálková Monika | | 1968 | Ostrava | 00:30:11 | 00:13:29 | 6.36 |
| 74 | 740 | Unzeitlichová Marie | | 1970 | Zlín (Furt pryč) | 00:30:22 | 00:13:40 | 6.32 |
| 75 | 212 | Béliková Renáta | | 1967 | Ostrava-Poruba | 00:30:30 | 00:13:48 | 6.30 |
| 76 | 17 | Časková Iveta | | 1968 | Ostrava (triple team) | 00:30:51 | 00:14:09 | 6.22 |
| 77 | 1105 | Barchanski Marie | | 1974 | Český Těšín (Hyundai Team) | 00:31:02 | 00:14:20 | 6.19 |
| 78 | 16 | Gorylová Hana | | 1967 | Havířov (triple team) | 00:31:13 | 00:14:31 | 6.15 |
| 79 | 439 | Vojkůvková Zuzana | | 1974 | Prostějov (Brhlík a Sojka) | 00:32:48 | 00:16:06 | 5.85 |
| 80 | 100 | Knyblová Jolana | | 1970 | Vratimov (MaDr) | 00:32:48 | 00:16:06 | 5.85 |
| 81 | 114 | Hradická Eva | | 1966 | Ostrava (favorité) | 00:32:50 | 00:16:08 | 5.85 |
| 82 | 1289 | Krátká Anna | | 1969 | | 00:32:55 | 00:16:13 | 5.83 |
| 83 | 43 | Stohelová Jaroslava | | 1971 | Ostrava (DogLovers) | 00:32:58 | 00:16:16 | 5.82 |
| 84 | 126 | Knapová Alena | | 1974 | Frydek-Místek | 00:32:59 | 00:16:17 | 5.82 |
| 85 | 1171 | Hasslová Lada | | 1968 | Ostrava-Mariánské Hory | 00:35:52 | 00:19:10 | 5.35 |
| 86 | 57 | Steinerová Marcela | | 1970 | Ostrava | 00:37:04 | 00:20:22 | 5.18 |
| 87 | 321 | Ciencialová Naďa | | 1971 | Ostrava (Ostrava) | 00:37:10 | 00:20:28 | 5.17 |
| 88 | 33 | Šindlerová Ivana | | 1969 | Bílovec (Bílovecké čiperky) | 00:38:43 | 00:22:01 | 4.96 |
| 89 | 205 | Jurečková Irena | | 1971 | Ostrava (Adventní běhání) | 00:38:49 | 00:22:07 | 4.95 |
| 90 | 86 | Brinzíková Monika | | 1966 | Ostrava (Rychlí slévači) | 00:42:15 | 00:25:33 | 4.54 |
| 91 | 8 | Francová Moňule | | 1970 | Ostrava (BOKOLOBKA TÝM OSTRAVA) | 00:42:48 | 00:26:06 | 4.49 |
| 92 | 7 | Spodniaková Simona | | 1973 | Ostrava (Simča a Mária) | 00:42:59 | 00:26:17 | 4.47 |
| 93 | 59 | Hrabalova Jana | | 1970 | Ostrava | 00:50:30 | 00:33:48 | 3.80 |
| 94 | 924 | Boráková Martina | | 1973 | Ostrava | 00:53:35 | 00:36:53 | 3.58 |
| | 428 | Celtová Dagmar | | 1969 | Ostrava-Hrabůvka (SRTG Ostrava) | --- | | |
| | 432 | Juhászová Silvie | | 1970 | Ostrava | --- | | |
| | 24 | Kantorová Soňa | | 1966 | Krnov (atletika Krnov) | --- | | |
| | 73 | Kolčářová Eva | | 1966 | Frydek-Místek (Team JODA) | --- | | |
| | 855 | Kurečková Martina | | 1967 | Ostrava | --- | | |
| | 683 | Novackova Simona | | 1967 | Ostrava | --- | | |

Starobělské ludy

3,2 km

Ženy 45-54 let

Bělský les 10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|----|----------------|------|------|------------------------|-------|--------|------|
| | 28 | Polášková Jana | | 1973 | Krnov (atletika Krnov) | --- | | |

Ženy nad 55 let

Bělský les 10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-----------------------|------|------|---|----------|----------|------|
| 1 | 1077 | Štiglerová Sylvana | | 1964 | Ostrava | 00:20:13 | | 9.50 |
| 2 | 1137 | Zajoncová Božena | | 1954 | Ostrava | 00:21:15 | 00:01:02 | 9.04 |
| 3 | 395 | Nováková Jiřina | | 1963 | Ostrava | 00:22:18 | 00:02:05 | 8.61 |
| 4 | 998 | Hrdinová Petra | | 1964 | Zlín (KUMPAČKA) | 00:23:00 | 00:02:47 | 8.35 |
| 5 | 1002 | Široká Dáša | | 1964 | BRNO (KUMPAČKA) | 00:24:02 | 00:03:49 | 7.99 |
| 6 | 1199 | Kopecká Yvona | | 1954 | Ostrava - Hrabůvka | 00:25:21 | 00:05:08 | 7.57 |
| 7 | 52 | Slobodova irena | | 1961 | Frenštát pod Radhoštěm (Frenstat pod Ra | 00:27:10 | 00:06:57 | 7.07 |
| 8 | 544 | Vantuchová Věra | | 1954 | Orlová-Lutyně | 00:27:28 | 00:07:15 | 6.99 |
| 9 | 543 | Čižmariková Magdalena | | 1955 | Orlová-Lutyně (Orlová-Lutyně) | 00:27:46 | 00:07:33 | 6.91 |
| 10 | 52 | Šofrová Simona | | 1964 | Ostrava | 00:30:59 | 00:10:46 | 6.20 |
| 11 | 941 | Komínková Darja | | 1960 | Ostrava | 00:31:01 | 00:10:48 | 6.19 |
| 12 | 1267 | Maluchová Martina | | 1964 | Ostrava | 00:31:51 | 00:11:38 | 6.03 |
| 13 | 161 | Masná Dana | | 1961 | Ostrava | 00:32:16 | 00:12:03 | 5.95 |
| 14 | 81 | Deingrubarová Blažena | | 1955 | Ostrava (Rychlí slévači) | 00:32:23 | 00:12:10 | 5.93 |
| 15 | 78 | Solnická Lenka | | 1962 | Ostrava (Rychlí slévači) | 00:33:11 | 00:12:58 | 5.79 |
| 16 | 22 | Holubová Dagmar | | 1957 | Ostrava (Skvěla 5) | 00:35:53 | 00:15:40 | 5.35 |
| 17 | 124 | Klečková Dana | | 1957 | Ostrava | 00:40:18 | 00:20:05 | 4.76 |
| 18 | 90 | Dubeňová Lenka | | 1961 | Ostrava (Rychlí slévači) | 00:40:23 | 00:20:10 | 4.75 |
| 19 | 50 | Schubertová Zdenka | | 1960 | Bílovec | 00:42:18 | 00:22:05 | 4.54 |
| 20 | 21 | Folvarčná Naděžda | | 1959 | Ostrava (Skvělá 5) | 00:43:03 | 00:22:50 | 4.46 |
| 21 | 38 | Míčková Irena | | 1956 | Ostrava - Výškovice | 00:43:36 | 00:23:23 | 4.40 |
| 22 | 60 | Mahdalová Libuše | | 1957 | Bílovec (Bilovecké čiperky) | 00:50:29 | 00:30:16 | 3.80 |

Žáci

Bělský les 10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-----------------|------|------|--------------------------|----------|----------|-------|
| 1 | 5 | Wita Jan | | 2005 | Team lightBIKE | 00:13:20 | | 14.40 |
| 2 | 533 | Stoszek Filip | | 2005 | Ostrava (VZS Ostrava) | 00:14:43 | 00:01:23 | 13.05 |
| 3 | 53 | King Samuel | | 2006 | Ostrava | 00:15:06 | 00:01:46 | 12.72 |
| 4 | 684 | Salzman Václav | | 2007 | OSTRAVA (FKSTB MŽA) | 00:15:32 | 00:02:12 | 12.36 |
| 5 | 1250 | Bohm Tomáš | | 2004 | Hlučín (KAPEBAJA) | 00:15:35 | 00:02:15 | 12.32 |
| 6 | 687 | Sněhota Matyáš | | 2007 | Ostrava (FKSTB MŽA) | 00:15:53 | 00:02:33 | 12.09 |
| 7 | 90 | Tobola Alexandr | | 2005 | Ostrava Zábřeh | 00:15:57 | 00:02:37 | 12.04 |
| 8 | 685 | Štěpán Vojtěch | | 2007 | Ostrava (FKSTB MŽA) | 00:16:08 | 00:02:48 | 11.90 |
| 9 | 476 | solich josef | | 2004 | Bohumín (Trojkaři) | 00:16:23 | 00:03:03 | 11.72 |
| 10 | 1221 | Kovalčík Petr | | 2009 | Krmelín | 00:16:46 | 00:03:26 | 11.45 |
| 11 | 688 | Kubajura Viktor | | 2007 | Ostrava (FKSTB MŽA) | 00:17:13 | 00:03:53 | 11.15 |
| 12 | 705 | Novotný Vojta | | 2005 | Třinec | 00:17:18 | 00:03:58 | 11.10 |
| 13 | 686 | Danihel Richard | | 2007 | Ostrava (FKSTB MŽA) | 00:17:29 | 00:04:09 | 10.98 |
| 14 | 1280 | Pražák Ondřej | | 2008 | | 00:17:31 | 00:04:11 | 10.96 |
| 15 | 527 | Mališ Tomáš | | 2005 | Ostrava | 00:17:34 | 00:04:14 | 10.93 |
| 16 | 1122 | Kovalčík Martin | | 2006 | Ostrava | 00:17:44 | 00:04:24 | 10.83 |
| 17 | 505 | Panáč Vojta | | 2004 | Ostrava (PSCO) | 00:18:02 | 00:04:42 | 10.65 |
| 18 | 473 | Filip Matyáš | | 2006 | Ostrava | 00:18:08 | 00:04:48 | 10.59 |
| 19 | 373 | Vitásek Tobiáš | | 2004 | Kobeřice (SLIPKA GYM) | 00:18:09 | 00:04:49 | 10.58 |
| 20 | 568 | Kovář Adam | | 2007 | Ostrava (Čertíci) | 00:18:33 | 00:05:13 | 10.35 |
| 21 | 756 | Hrubý Jan | | 2011 | Ostrava | 00:18:36 | 00:05:16 | 10.32 |
| 22 | 1057 | Škubala Martin | | 2005 | Ostrava (Rychlí slévači) | 00:18:48 | 00:05:28 | 10.21 |

Starobělské lurdy

3,2 km

Žáci

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|-------------------|------|------|----------------------------------|----------|----------|-------|
| 23 | 602 | Kohoutek Tobiáš | | 2010 | Ostrava - Výškovice (Kykyrykyni) | 00:18:49 | 00:05:29 | 10.20 |
| 24 | 193 | Plinta Matyáš | | 2008 | Šenov | 00:19:05 | 00:05:45 | 10.06 |
| 25 | 721 | Scholaster Štěpán | | 2005 | Bílovec (Nezmaři Bílovec) | 00:19:26 | 00:06:06 | 9.88 |
| 26 | 694 | Hlaváč Josef | | 2004 | Krnov | 00:19:30 | 00:06:10 | 9.85 |
| 27 | 796 | Berger Tobiáš | | 2011 | Bílovec (Nezmaři Bílovec) | 00:19:33 | 00:06:13 | 9.82 |
| 28 | 976 | Kousal Václav | | 2009 | Havířov-Šumbark | 00:19:33 | 00:06:13 | 9.82 |
| 29 | 714 | Krchňák Mikuláš | | 2007 | Bílovec (Nezmaři Bílovec) | 00:19:43 | 00:06:23 | 9.74 |
| 30 | 64 | Mohyla Roman | | 2008 | Frýdek-Místek (Mohyláci) | 00:19:47 | 00:06:27 | 9.71 |
| 31 | 475 | Prudil Kryštof | | 2007 | Ostrava | 00:19:55 | 00:06:35 | 9.64 |
| 32 | 718 | Kohut David | | 2006 | Bílovec (Nezmaři Bílovec) | 00:19:57 | 00:06:37 | 9.62 |
| 33 | 708 | Doležel Jáchym | | 2009 | Ostrava (Ostrava) | 00:20:05 | 00:06:45 | 9.56 |
| 34 | 1138 | Zajonc Lukáš | | 2009 | Ostrava | 00:20:14 | 00:06:54 | 9.49 |
| 35 | 715 | Šír Matěj | | 2006 | Bílovec (Nezmaři Bílovec) | 00:20:16 | 00:06:56 | 9.47 |
| 36 | 231 | Bohuš Kristián | | 2005 | Ostrava | 00:20:35 | 00:07:15 | 9.33 |
| 37 | 180 | Sekera Štěpán | | 2012 | Šenov u Ostravy | 00:20:46 | 00:07:26 | 9.25 |
| 38 | 1022 | Valek Jakub | | 2011 | Ostrava | 00:20:56 | 00:07:36 | 9.17 |
| 39 | 1264 | Schmied Tomáš | | 2012 | Ostrava | 00:21:01 | 00:07:41 | 9.14 |
| 40 | 742 | Kluka Matyáš | | 2009 | Orlová (Aquilae) | 00:21:04 | 00:07:44 | 9.11 |
| 41 | 389 | Mihal Jan | | 2008 | Ostrava | 00:21:10 | 00:07:50 | 9.07 |
| 42 | 423 | Walder Jakub | | 2008 | Vratimov | 00:21:12 | 00:07:52 | 9.06 |
| 43 | 1256 | KUČERA ROMAN | | 2010 | Jistebník | 00:21:20 | 00:08:00 | 9.00 |
| 44 | 410 | Lukeš Matěj | | 2010 | Ostrava | 00:21:36 | 00:08:16 | 8.89 |
| 45 | 510 | Waloschek Samuel | | 2009 | Bohumín (BEAST MODE) | 00:21:53 | 00:08:33 | 8.77 |
| 46 | 356 | Janšta Richard | | 2010 | Ostrava | 00:21:53 | 00:08:33 | 8.77 |
| 47 | 1172 | Hlavica Tadeáš | | 2007 | Ostrava (Orli Ostrava) | 00:22:07 | 00:08:47 | 8.68 |
| 48 | 477 | Solich Samuel | | 2007 | Bohumín (Trojkaři) | 00:22:16 | 00:08:56 | 8.62 |
| 49 | 551 | Babjak Matyáš | | 2012 | Ostrava (SRTG Ostrava) | 00:22:21 | 00:09:01 | 8.59 |
| 50 | 561 | Halfar Ondřej | | 2007 | Darkovice | 00:22:34 | 00:09:14 | 8.51 |
| 51 | 695 | Hlaváč Petr | | 2010 | Krnov | 00:22:36 | 00:09:16 | 8.50 |
| 52 | 726 | Vorlický Jan | | 2012 | Bílovec (Nezmaři Bílovec) | 00:22:39 | 00:09:19 | 8.48 |
| 53 | 681 | Fusek Martin | | 2013 | Ostrava (FUSO team) | 00:22:48 | 00:09:28 | 8.42 |
| 54 | 680 | Fusek Tomáš | | 2011 | Ostrava (FUSO team) | 00:23:03 | 00:09:43 | 8.33 |
| 55 | 425 | Willaschek ŠIMON | | 2007 | VŘESINA | 00:23:15 | 00:09:55 | 8.26 |
| 56 | 639 | Mrkvica Petr | | 2010 | Ostrava | 00:23:17 | 00:09:57 | 8.25 |
| 57 | 727 | Hudeček Jonáš | | 2008 | Ostrava (Prigo Ostrava) | 00:23:23 | 00:10:03 | 8.21 |
| 58 | 1246 | Krčmář Ivo | | 2011 | Ostrava 23 (Ivo) | 00:23:30 | 00:10:10 | 8.17 |
| 59 | 902 | Stryja Pavel | | 2009 | Ostrava | 00:23:36 | 00:10:16 | 8.14 |
| 60 | 77 | Procházka Marek | | 2012 | Ostrava | 00:25:16 | 00:11:56 | 7.60 |
| 61 | 65 | Mohyla Matěj | | 2008 | Frýdek-Místek (Mohyláci) | 00:25:41 | 00:12:21 | 7.48 |
| 62 | 1187 | Fousek Jakub | | 2006 | Valy u Přelouče (Fousci) | 00:25:49 | 00:12:29 | 7.44 |
| 63 | 27 | Koval Marcel | | 2011 | Krnov (atletika Krnov) | 00:26:09 | 00:12:49 | 7.34 |
| 64 | 486 | Tomeček Matěj | | 2006 | Ostrava | 00:26:17 | 00:12:57 | 7.31 |
| 65 | 38 | Kroutil Jakub | | 2006 | Lipník nad Bečvou | 00:26:30 | 00:13:10 | 7.25 |
| 66 | 411 | Lukeš Ondřej | | 2012 | Ostrava | 00:26:35 | 00:13:15 | 7.22 |
| 67 | 552 | Babjak Tobiáš | | 2014 | Ostrava (SRTG Ostrava) | 00:26:51 | 00:13:31 | 7.15 |
| 68 | 53 | Zahálka Štěpán | | 2010 | Frenstat pod Radhostem | 00:27:10 | 00:13:50 | 7.07 |
| 69 | 49 | Šofer Filip | | 2011 | Ostrava | 00:27:13 | 00:13:53 | 7.05 |
| 70 | 797 | Szweda Vojtěch | | 2012 | Bílovec (Nezmaři Bílovec) | 00:27:27 | 00:14:07 | 6.99 |
| 71 | 113 | Knap Štěpán | | 2004 | Frýdek-Místek (Frýdek-Místek) | 00:28:06 | 00:14:46 | 6.83 |
| 72 | 903 | Stryja Michal | | 2014 | Ostrava | 00:28:47 | 00:15:27 | 6.67 |

Starobělské lurdy

3,2 km

Žáci

Bělský les

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| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|------------------|------|------|---------------------------|----------|----------|------|
| 73 | 67 | Neubauer Bob | | 2014 | Suchdol nad Odrou | 00:29:35 | 00:16:15 | 6.49 |
| 74 | 1201 | Tudík Jaromír | | 2005 | Ostrava Poruba | 00:29:40 | 00:16:20 | 6.47 |
| 75 | 943 | Komínek Jakub | | 2007 | Ostrava | 00:30:37 | 00:17:17 | 6.27 |
| 76 | 119 | Surzyn Lukáš | | 2013 | Ostrava (Lištičky) | 00:31:34 | 00:18:14 | 6.08 |
| 77 | 888 | Zbořil Vít | | 2009 | Šenov (BK SAK Karviná) | 00:31:37 | 00:18:17 | 6.07 |
| 78 | 83 | Kaluža Matěj | | 2011 | Ostrava (Rychlí slévači) | 00:31:39 | 00:18:19 | 6.07 |
| 79 | 333 | Vyskočil Jakub | | 2014 | Ostrava (100K) | 00:34:30 | 00:21:10 | 5.57 |
| 80 | 89 | Hrdý Jan | | 2012 | Ostrava (Rychlí slévači) | 00:35:20 | 00:22:00 | 5.43 |
| 81 | 102 | Penčák Tobiáš | | 2013 | Havířov | 00:36:50 | 00:23:30 | 5.21 |
| 82 | 13 | Blahuta Filip | | 2008 | Baška | 00:40:04 | 00:26:44 | 4.79 |
| 83 | 798 | Szweda František | | 2014 | Bílovec (Nezmaři Bílovec) | 00:40:53 | 00:27:33 | 4.70 |
| 84 | 14 | Bradáč Matyáš | | 2008 | Vratimov | 00:44:07 | 00:30:47 | 4.35 |
| 85 | 127 | Smetana Štěpán | | 2009 | Řepiště | 00:44:07 | 00:30:47 | 4.35 |
| | 1277 | Kolínek Lukáš | | 2006 | | --- | | |
| | 1220 | Kovalčík Martin | | 2006 | Krmelín | --- | | |
| | 40 | Míček Matěj | | 2010 | Ostrava - Výškovice | --- | | |
| | 116 | Pilch Adam | | 2017 | Jablunkov | --- | | |
| | 1058 | Škubala Tomáš | | 2008 | Ostrava (Rychlí slévači) | --- | | |
| | 200 | Tomáš Tomáš | | 2011 | šenov | --- | | |
| | 5 | Wita Jan | | 2005 | Ostrava (Suicide Squad) | --- | | |

Žákyně

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|--------------------------|------|------|--------------------------------------|----------|----------|-------|
| 1 | 1047 | Strnadlová Adriana | | 2005 | Frydlant nad Ostravicí (BH Ski team) | 00:14:56 | | 12.86 |
| 2 | 1231 | Suchánková Johana | | 2005 | Ostrava (SSK Vítkovice) | 00:16:45 | 00:01:49 | 11.46 |
| 3 | 974 | Hrabcová Táňa | | 2006 | Ostrava | 00:16:47 | 00:01:51 | 11.44 |
| 4 | 751 | Krchňáková Tereza | | 2006 | Ostrava | 00:17:06 | 00:02:10 | 11.23 |
| 5 | 171 | Plevová Martina | | 2004 | Malenovice (Biatlon Ostrava) | 00:17:08 | 00:02:12 | 11.21 |
| 6 | 1257 | Milfáitová Michaela Anna | | 2009 | Ostrava (MIMI Fanclub Ostrava) | 00:17:45 | 00:02:49 | 10.82 |
| 7 | 1240 | Skaličková Alžběta | | 2005 | Opava (Tedíkova pěchota) | 00:17:46 | 00:02:50 | 10.81 |
| 8 | 254 | Tvrďá Eliška | | 2008 | PORUBA (Tvrďé játra) | 00:18:15 | 00:03:19 | 10.52 |
| 9 | 41 | Knapova Alena | | 2004 | Milovice | 00:19:07 | 00:04:11 | 10.04 |
| 10 | 91 | Tobolová Gabriela | | 2006 | Ostrava Zábřeh | 00:19:46 | 00:04:50 | 9.71 |
| 11 | 102 | Juránková Zuzana | | 2009 | Ostrava (Ju Jitsu Frydek-Místek) | 00:19:52 | 00:04:56 | 9.66 |
| 12 | 848 | NOvotná Tereza | | 2005 | Přerov | 00:19:54 | 00:04:58 | 9.65 |
| 13 | 758 | Michlová Karolína | | 2009 | Český Těšín (TJ Jákl Karviná) | 00:20:19 | 00:05:23 | 9.45 |
| 14 | 569 | Hrabovská Michaela | | 2008 | Ostrava (Čertíci) | 00:20:52 | 00:05:56 | 9.20 |
| 15 | 763 | Maňková Tereza | | 2008 | Ostrava (Atletika Poruba) | 00:20:55 | 00:05:59 | 9.18 |
| 16 | 1019 | Klančíková Adela | | 2006 | Sviadnov | 00:20:59 | 00:06:03 | 9.15 |
| 17 | 722 | Krchňáková Sára | | 2004 | Bílovec (Nezmaři Bílovec) | 00:21:13 | 00:06:17 | 9.05 |
| 18 | 916 | Čuntová Venda | | 2005 | Ostrava (Mushing team Ostrava) | 00:21:23 | 00:06:27 | 8.98 |
| 19 | 1150 | Butorová Anežka | | 2007 | Tichá 457 | 00:21:32 | 00:06:36 | 8.92 |
| 20 | 949 | Pechlátová Barbora | | 2007 | Ostrava (Bike2000) | 00:21:32 | 00:06:36 | 8.92 |
| 21 | 383 | Řiháková Vendula | | 2007 | Napajedla (NapaBaby) | 00:21:57 | 00:07:01 | 8.75 |
| 22 | 39 | Kroutilová Tina | | 2012 | Lipník nad Bečvou | 00:21:58 | 00:07:02 | 8.74 |
| 23 | 518 | Valová Magdalena | | 2005 | Ostrava | 00:22:11 | 00:07:15 | 8.66 |
| 24 | 713 | Barošová Julie | | 2006 | Bílovec (Nezmaři Bílovec) | 00:22:13 | 00:07:17 | 8.64 |
| 25 | 854 | Postuwková Natálie | | 2007 | Orlová | 00:23:04 | 00:08:08 | 8.32 |
| 26 | 879 | Kadárová Kateřina | | 2005 | Ostrava | 00:23:16 | 00:08:20 | 8.25 |
| 27 | 1148 | Žárská Viktorie | | 2010 | Ostrava | 00:23:22 | 00:08:26 | 8.22 |
| 28 | 455 | Lisníková Bára | | 2006 | Mokré Lazce | 00:23:24 | 00:08:28 | 8.21 |

Starobělské lurdy

3,2 km

Žákyně

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|------|----------------------|------|------|--|----------|----------|------|
| 29 | 149 | Grünbergerová Eliška | | 2006 | Vratimov-Horní Datyně (DRYM TYM - líhe | 00:23:30 | 00:08:34 | 8.17 |
| 30 | 803 | Janečková Alenka | | 2007 | Ostrava (Čertova Lhota) | 00:23:41 | 00:08:45 | 8.11 |
| 31 | 182 | Sekeřová Johana | | 2009 | Šenov u Ostravy | 00:23:45 | 00:08:49 | 8.08 |
| 32 | 1069 | Hrdá Anna | | 2008 | Ostrava (Rychlí slévači) | 00:23:47 | 00:08:51 | 8.07 |
| 33 | 654 | Šlahorková Michaela | | 2009 | Ostrava | 00:23:55 | 00:08:59 | 8.03 |
| 34 | 698 | Jurajdová Adéla | | 2005 | Ostrava-Zábřeh | 00:24:36 | 00:09:40 | 7.80 |
| 35 | 523 | Vozníková Vanda | | 2009 | Ostrava | 00:24:45 | 00:09:49 | 7.76 |
| 36 | 724 | Novotná Sabina | | 2010 | Bílovec (Nezmaři Bílovec) | 00:24:51 | 00:09:55 | 7.73 |
| 37 | 831 | Pačtová Daniela | | 2005 | Ostrava | 00:24:59 | 00:10:03 | 7.69 |
| 38 | 1024 | Nábělková Tereza | | 2007 | Slatina (Slaninky) | 00:25:18 | 00:10:22 | 7.59 |
| 39 | 905 | Stryjová Jana | | 2011 | Ostrava | 00:25:34 | 00:10:38 | 7.51 |
| 40 | 179 | Slováková Tereza | | 2009 | Ostrava | 00:25:49 | 00:10:53 | 7.44 |
| 41 | 716 | Madziová Darina | | 2004 | Bílovec (Nezmaři Bílovec) | 00:25:51 | 00:10:55 | 7.43 |
| 42 | 471 | Jamaričková Eva | | 2006 | Bohumín | 00:26:06 | 00:11:10 | 7.36 |
| 43 | 844 | Poláčková Rozálie | | 2006 | Brušperk (STS Chvojkovice - Brod) | 00:26:10 | 00:11:14 | 7.34 |
| 44 | 981 | Voláková Barbora | | 2013 | Ostrava | 00:26:39 | 00:11:43 | 7.20 |
| 45 | 26 | Kovalová Viktorie | | 2005 | Krnov (atletika Krnov) | 00:27:11 | 00:12:15 | 7.06 |
| 46 | 194 | Plintová Laura | | 2012 | Šenov | 00:27:54 | 00:12:58 | 6.88 |
| 47 | 643 | Kotasová Dorota | | 2008 | Smilovice (kotaSOVY) | 00:28:15 | 00:13:19 | 6.80 |
| 48 | 794 | Szwedová Barbora | | 2009 | Bílovec (Nezmaři Bílovec) | 00:28:16 | 00:13:20 | 6.79 |
| 49 | 120 | Surzynová Karolína | | 2011 | Ostrava (Mažoretky Hvězdičky) | 00:28:18 | 00:13:22 | 6.78 |
| 50 | 95 | Naci Melina | | 2011 | Krnov (Atletika Krnov) | 00:29:10 | 00:14:14 | 6.58 |
| 51 | 590 | Volfová Zuzana | | 2013 | Kelč (Volfčata) | 00:30:47 | 00:15:51 | 6.24 |
| 52 | 887 | Zbořilová Elena | | 2015 | Šenov (BK SAK Karviná) | 00:31:00 | 00:16:04 | 6.19 |
| 53 | 223 | Frenn Sara | | 2004 | Ostrava | 00:31:06 | 00:16:10 | 6.17 |
| 54 | 222 | Duráková Lucie | | 2004 | Ostrava - Stará Bělá | 00:31:21 | 00:16:25 | 6.12 |
| 55 | 651 | Langerova Vaneska | | 2010 | Ostrava 8 (Poruba) | 00:31:38 | 00:16:42 | 6.07 |
| 56 | 1266 | Schmiedová Martina | | 2013 | Ostrava | 00:32:07 | 00:17:11 | 5.98 |
| 57 | 84 | Kalužová Marie | | 2008 | Ostrava (Rychlí slévači) | 00:32:15 | 00:17:19 | 5.95 |
| 58 | 509 | Hlavicová Mariana | | 2010 | Ostrava (Hlavy) | 00:32:49 | 00:17:53 | 5.85 |
| 59 | 454 | Lisníková Iva | | 2011 | Mokrý Lazce | 00:33:04 | 00:18:08 | 5.81 |
| 60 | 122 | Maretková Adélka | | 2011 | Ostrava | 00:37:27 | 00:22:31 | 5.13 |
| 61 | 61 | Pešatová Nela | | 2009 | Ostrava | 00:40:03 | 00:25:07 | 4.79 |
| 62 | 15 | Bradáčová Martina | | 2012 | Vratimov | 00:40:17 | 00:25:21 | 4.77 |
| 63 | 12 | Blahutová Lucie | | 2005 | Baška | 00:40:18 | 00:25:22 | 4.76 |
| 64 | 799 | Bergerová Natálie | | 2014 | Bílovec (Nezmaři Bílovec) | 00:40:39 | 00:25:43 | 4.72 |
| 65 | 108 | Tvardková Barbora | | 2009 | Ostrava | 00:40:55 | 00:25:59 | 4.69 |
| 66 | 592 | Volfová Magdalena | | 2015 | Kelč (Volfčata) | 00:41:14 | 00:26:18 | 4.66 |
| 67 | 129 | Mincel Eliška | | 2018 | Ostrava-Výškovice (EliMonstra) | 00:42:53 | 00:27:57 | 4.48 |
| 68 | 6 | Hegnerová Mária | | 2013 | Ostrava-Výškovice (Simča a Mária) | 00:42:58 | 00:28:02 | 4.47 |
| 69 | 780 | Dubánková Ella | | 2010 | Olomouc | 00:44:30 | 00:29:34 | 4.31 |
| 70 | 925 | Boráková Barunka | | 2012 | Ostrava | 00:53:34 | 00:38:38 | 3.58 |
| | 45 | Gežová Ellen | | 2008 | Metylovice 222 | --- | | |
| | 46 | Gežová Kristýna | | 2013 | Metylovice 222 | --- | | |
| | 199 | Hladná Tereza | | 2008 | Šenov | --- | | |
| | 417 | Hrtánková Marie | | 2004 | Fryčovice (SSK Vítkovice) | --- | | |
| | 110 | Jaskulová Vendula | | 2010 | Ostrava | --- | | |
| | 1046 | Kvášová Barbora | | 2007 | Frydlant nad Ostravicí (BH Ski team) | --- | | |
| | 950 | Pechlátová Klára | | 2009 | Ostrava (RDC) | --- | | |
| | 23 | Plucnarová Anna | | 2013 | Krnov (atletika Krnov) | --- | | |

Starobělské lurdy

Žákyně

3,2 km

Bělský les

10.11.2019

| POŘ. | SČ | Jméno | Nár. | Nar. | Klub | Výkon | Ztráta | km/h |
|------|----|-------|------|------|------|-------|--------|------|
|------|----|-------|------|------|------|-------|--------|------|